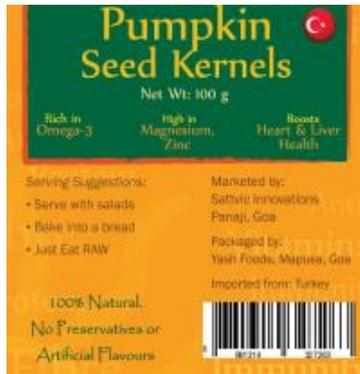


GET GLUTEN FREE SEEDS & HONEY'S FROM SATTVIC FOODS

GREEN PUMPKIN SEEDS (NO SHELL)



Pumpkin seeds—also known as pepitas—are flat, dark green seeds. Some are encased in a yellow-white husk (often called the “shell”), although some varieties of pumpkins produce seeds without shells. These seeds have a malleable, chewy texture and a subtly sweet, nutty flavor.

Source of our Pumpkin Seeds

We import our Pumpkin Seeds from Turkey. These seeds are Rich in proteins and minerals like zinc, iron, phosphorous, magnesium and manganese. Pumpkin seeds are a tasty way to gain your essential nutrients.

[Why buy Our Pumpkin seeds](#)

Our Pumpkin Seeds are packed with protein, fibre and iron. These seeds are great in salads or just for snacking. Enjoy these no shell pumpkin seeds as a tasty snack or toss them over salads for an excellent source of protein, fiber, iron and antioxidants.



SUNFLOWER SEEDS (NO SHELL)

The sunflower seed is the fruit of the sunflower and the gift of the beautiful sunflower that has rays of petals emanating from its bright yellow, seed-studded center. The seeds are 10-15 mm long and 4 mm broad, cylindrical or drop-shaped.

Source of our Sunflower Seed

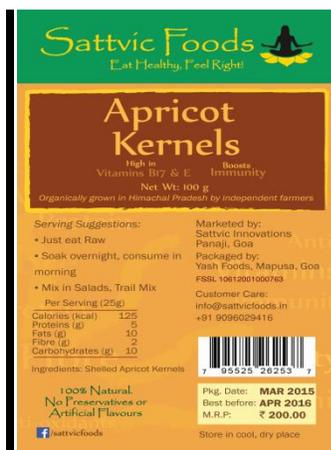
We import sunflower seeds from the Eastern European countries. These seeds are rich in vitamin B complex, vitamin E, magnesium, calcium and proteins. They are useful in lowering cholesterol, inflammation and osteoporosis while boosting immunity.

[Why Buy Our Sunflower Seeds](#)

our seeds sprouts are popular due to their great taste and rich source of nutrients, fibers and healthy fats, the quality-approved array of Sunflower Seeds offered by us forms an essential part of one's diet.



ORGANIC APRICOT KERNELS



Source of our Apricot Kernels

Our Apricot Kernels are organically grown in the Himachal Pradesh and shelled so that you can enjoy the fun of eating them without the hard work.

[Why buy our Apricot Kernels](#)

Our apricot tastes sweet and mellow, not highly acidic, and resembles the mild sweetness peach. Apricots give an unobtrusive hit to the palate while offering a distinct, musky, smooth flavor.

These healthy seeds are widely used in making cakes, candies, and a variety of sweet dishes. We provide ours in suitable packaging so as to keep them fresh and healthy.

WILD CHIA SEEDS (TRIBAL HAND-PICKED)



Wild Chia seeds are one of the new top superfoods to become popular during the last decade and now their many nutritional benefits are catching up to a much wider audience. It used as a food, in their religious ceremonies and fed it to their animals. Most every health conscious person these days knows about chia and how they can be a great dietary adjunct to supporting long term health.

Source of Our Wild Chia Seeds

From the Forests of Uttaranchal, get the best tasting wild Indian chia seeds. Hand picked by tribal women villagers these seeds are considered to have the highest nutritional value and used in traditional Ayurveda.

[Why Buy Our Wild Chia Seeds](#)

Our Wild Chia seeds are gluten free, easy to digest and don't have to be ground like flax seeds for better absorption. These seeds are small in size. These seeds boost athletic power.

BASIL SEEDS (SABJA / INDIAN CHIA SEEDS)

Basil seeds are one of our traditional superfoods. They were made famous through their indispensability to desserts such as Falooda. The recent hype around Chia seeds has reinvigorated the attention around these ancient seeds. They are the Indian equivalent of Chia seeds.

Source of Our Basil Seeds

Direct from our farms in Madhya Pradesh, these are the freshest and best variety of Basil seeds in the country. We adhere to a strict quality check to ensure only the best seeds are packaged. Basil seeds have the highest nutritional value and are used in traditional Ayurveda.

[Why Buy Our Basil Seeds](#)

Our Basil seeds are gluten free, easy to digest and don't have to be ground like flax seeds for better absorption. These seeds are large in size. These seeds boost athletic power.

WILD FOREST NEEM HONEY

[About Our Neem Honey](#)

- An amazing dark honey with a rich natural dark toffee, gingerbread taste and the distinctive essence of honey itself – warm and enveloping and wildly floral.
- This honey not only tastes great, but it's got medicinal properties too. Neem, is prized throughout the world for its wide-ranging health benefits.
- Our Neem Honey is collected using cruelty-free methods from wild beehives.
- Neem Honey is 100% raw and unheated – thereby preserving all the delicate enzymes and health-promoting qualities.
- This honey is produced by indigenous wild rock bees, not domesticated honey bees. It's hard to go back to farmed honey after you've tasted wild – the explosive dimensions of flavour and health benefits that are so much more profound.



HONEY OF KASHMIR (RAW ACACIA HONEY)



Source of our Honey

From the Himalayan forests of Kashmir our Acacia is light-coloured, like liquid glass, with a mild taste containing hints of vanilla. Its delicate flavour allows it to pair well with cheese.

[Why buy our Acacia Honey](#)

- Our Acacia Honey is Raw, Untreated and Pure
- Direct from Beekeepers
- Never crystallizes

FOREST HONEY (FROM THE TRIBALS OF THE DEEP FOREST)

Sources of Our Forest Honey

Wild Forest Honey is collected from wild beehives by traditional groups of tribal honey foragers. These experts travel deep within the forests to gather the wild honey, well beyond the reach of automobiles and other pollutants.

[Why Buy Our Forest Honey](#)

- Does not crystallize at all due to lower glucose content.
- Contains high concentration of minerals
- Possess strong flavour with a woody taste and leaves an aftertaste.
- Dark color with slight green fluorescence.
- Very less aroma.
- Highly viscous solution that is sticky to touch.



Sattvic Foods 
Healthy Eating On the Go