



Youth Basketball

Coach's Packet

Crosby Youth Athletic Association (CYAA)

Introduction

Thank you for your interest in coaching for CYAA Youth Basketball Program. We appreciate you sacrificing your time to make our program a success. This manual is a guideline to assist you in coaching for the upcoming season. It will familiarize you with important dates, player selection guidelines, and our leagues' expectations. Please refer to our rulebook for more information regarding league play. If you have any questions, feel free to contact me at (315) 992-0992.

J.D. Crosby
Director

Sportsmanship

The emphasis of our program is not on winning or losing. Our goal is to promote skill development and endurance while teaching good sportsmanship. We promote a sense of commitment and responsibility in the child toward his/her team and fellow players.

Coaches' Code of Ethics Pledge

- ~ I will place the emotional and physical well being of my players ahead of any personal desire to win.
- ~ I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- ~ I will do my very best to provide a safe playing situation for my players.
- ~ I promise to review and practice the necessary first-aid principles needed to treat injuries of my players.
- ~ I will do my best to organize practices that are fun and challenging for all my players.
- ~ I will lead by example, in demonstrating fair play and sportsmanship to all my players.
- ~ I will insure that I am knowledgeable in the rules of the sport and that I will teach these rules to my players.
- ~ I will use coaching techniques appropriate for each of the skills I teach.
- ~ I will remember that I am a youth coach, and that the game is for children, not adults.

Winning Isn't Everything

While winning is an essential part of sport, youth sports has many other complementary goals. It is important to get participants to acknowledge that while winning is an important part of the game; it must be kept in the perspective with the other valuable aspects of youth sports such as social development, fun, fitness, etc. Winning can be defined as self-improvement and/or as goal attainment. Improving on one's previous goals can be interpreted as a success in a setting where by definition there are only a limited number of winners. If a sport is to be beneficial to children, it must benefit the majority of the participants in a meaningful way rather than be limited to the elite few who ultimately win the actual contest. Successful youth sports coaches reinforce participation, effort, achievement, and to try to put forth their best effort. As age, maturity, and experience factors continue to develop, the coach's emphasis changes further to reinforcing doing well, achieving performance goals, and winning contest.

Skills Assessment / Player Selection Information

Coaches and players must attend the skills assessment. Only coaches must attend the coaches' meeting. See coach's dates for days and times for your division.

All players present at the skills assessment will be drafted under the guidelines below. Players not present will be drawn randomly through a blind draw after all of the players that were present at the skills assessment are chosen. Players whose parents/relatives are coaching are **REQUIRED** to attend the skills assessment.

For those who are allowed to register late, they will be assigned a draft round value (1-10, 1 being the highest) to a team needing a player. The League Director reserves the right to place players at his/her discretion to ensure equitable teams.

Player Selection / Skills Assessment

1. Participants will be divided into groups and will perform various drills at each basket. Coaches are to scout each area to view players.
2. Multiple participants requesting to be on the same team is called a Carpool. Carpools will be honored **ONLY** if participants are in immediate family (i.e. siblings, legal guardianship, etc.), permitting they are in the same division. All questions regarding this matter should be directed to the **J.D Crosby, League Director at (315) 992 – 0992**.
3. Players not present will be drawn randomly through a blind draw after all players that were present at the skills assessment have been placed onto a team. For those who register late, they will be assigned a team as needed. The director reserves the right to place players at his/her discretion to ensure equitable teams.

Coaches Dates to Remember

Pre-Season Practice

Practices will begin Sunday, November 6 and **no earlier**. Call all of your players to let them know practice times and schedule your mandatory parent meeting at first practice to distribute schedules and to parents.

Team Rosters

Rosters will be emailed to all coaches by Tuesday, November 1 at 12:00 p.m.

General Practice Information

Practice will be held at Horn Companies Gymnasium: 325 N. Clinton St, Syracuse

*It is best to schedule practices at the same time every week to allow parents to have a consistent schedule.

Season

Games will run Saturdays and Sundays from November through December. Games days and times will be played at depending on the schedule and age group.