

Energy Levels Easily And Effectively

The object to killing mold is to kill its "roots". Mold remediation involves the need to disinfect wood and wood-based building materials, all of which are porous materials. Thus, chlorine bleach should [Blood Sugar Plan](#) not be used in the mold removal process. The use of bleach as a mold disinfectant is best left to kitchen and bathroom counter-tops, tubs and shower glass, etc. Chlorine Bleach does kill bacteria and viruses, but has not been proven effective in killing molds on surfaces that are not porous. 99% of a bottle of bleach is water. Water is one of the critical elements necessary for the growth of harmful bacteria and mold.

<http://asuventurecatalyst.org/11-day-diabetes-fix-program-review/>

Current situations where bleach was used in an attempt to kill mold, it re-grew and regenerated mold and bacteria twice the CFU counts than were originally found before bleaching, within a short period of time. Like an old wives tale, we've been led to believe that using bleach will kill some bacteria and mold. It's what we learned from our parents and have carried on this misconception for years. The strains now associated within Indoor Air quality issues are resistant to the methods our grandmothers employed to clean-up mold.