Welcome

We know you might have seen us before but we thought as you are turning 18 you might want to know a bit more about us and how to access our services.

Appointments

We have lots of different appointments to help meet your needs. Our patient advisors in reception can help you along the way.

Routine

- Book online/by phone/in person
- You can request a specific GP.
 Often this is useful for an ongoing condition for some continuity.
- If you are happy to see the next available professional, you will often get an appointment quicker. This is a good option for new or short-term conditions.

Urgent

- Book by phone
- Patient advisors will ask for some clinical details so that we can prioritize calls and make sure the right person in the right place sees you at the right time.
- A telephone call with a GP may be required for further assessment

Confidentiality

All the staff at the surgery have a legal duty to maintain the highest level of confidentiality.

If you are receiving care from other medical services we may need to share information to enable us to work together for your benefit.

This means in effect no medical information will be divulged to a third party such as relatives, employers, insurance companies unless you have given us written permission to do so.

Your details

Keeping your phone number, email and address up to date enables us to keep in touch and maintain your confidentiality.







Young adult's guide to accessing our services



Ivybridge Health Centre 01752 690777

Wotter Surgery

Out of hours: 111 In emergency: 999

www.beaconmedicalgroup.nhs.uk beaconmedicalgroup@nhs.net

Contraception

All our GPs can give contraceptive advice.

We also run a well woman clinic for implants and coils.

See also: www.fpa.org.uk

Travel

We run a nurse – led travel clinic. Please book at least 6

weeks before you travel in case you need any vaccinations.

See also: www.fitfortravel.nhs.uk

Stress and anxiety

Our GP's can discuss either via telephone or in person concerns you may have about your mental health.

See also:

www.Kooth.com www.youngdevon.org www.devonpartnership.nhs.uk

Sexually transmitted infections

We provide confidential advice and some testing.

See also:

Derriford GUM clinic via www.yourship.uk 01752 431124 Free postal chlamydia test: www.freetest.me (under 25s)

The watermark under 25s drop in clinic Thurs 2-6pm Fri 1-5pm

Concerned about?

Online services

- Book appointments
- Order repeat prescriptions
- Get in contact
- Consult GP online

Speak to one of our patient advisors to set up your unique online log in

Healthy lifestyle

Book an appointment with our nursing team for help to stop smoking or alcohol consumption advice.

See also:

www.nhs.uk/Livewell www.nhs.uk/smokefree www.talktofrank.com

Sports and minor injuries

Bites, minor cuts and sprains are just some of the many injuries we treat in our minor injury unit @ Ivybridge.

We do not have X-ray facilities

Prescriptions

You can allocate a chosen pharmacy by speaking to our patient advisors. We can then send a prescription directly to them.

Please allow at least 48 hours for this service.

Minor illnesses

We have several different members of our team including pharmacists, nurses, paramedics and health care assistants as well as GPs.

We ask for information when you request an urgent appointment in order to give you the most appropriate appointment within the limits of what is available.

See also: www.nhs.uk WebGP via our website; www.beaconmedicalgroup.nhs.uk