



## Six years old. Can you believe it?

This little festival of ours and yours is now six years old. It's a little kid developing its own unique personality. It's getting more confident all the time. It's learning new things every day. It doesn't care what the big kids have to say. It sees its path in life and is gunning for it. A shining example of free range parenting.

One of the traditional gifts for a sixth anniversary is sugar. So thank you for filling these venues with open ears.

Thank you for coming back. Thank you for telling your friends what shows to go to. Thank you for letting us do what we do. Sugar is sweet and so are you.

We at **Shivering Songs** hope you have a very enjoyable weekend. Stay warm and have fun!

# Waiting for the Morning After

Dark water flows eastward in a placid haze, carrying shattered flecks of wood, fleeted foliage and a light autumn breeze. Ripe sun sets gently in the west. There is silence on the riverbank.

Behind this ephemera, within the clutches of a city, resides quiet devastation. Steel beams fall from the skeletons of once-great structures; their nylon skin since torn, tossed and folded like flags in the hands of a ceremonial guard. Entire lifetimes are forced into tiny black boxes that shriek as worn-out wheels roll across dusty pavement. Facades crumble into the hands of a tired crew. I am one of them, in a fleeting moment of clarity.

Exhaust fumes flood the air, as those harbingers of spring parade into distance. The weary majesty of generator hums gives way to shrill broom strokes on asphalt. Darkness swoons, inviting. The weight of one weekend crashes gently in the bedrooms of a city. But for oscillating fans and the ticking of second hands, there is stillness.

Twilight breeds many quiet spectacles. Clouds pace bleak skies as the moon pines for something lost within the forests of Earth. Streetlights fossilize lonely saplings in an amber glow that seeps through the blinds, making sense of the shadows on the bathroom wall... but there is no one awake to translate their messages.

# Shivering Songs Mittens

**Gauge:** 10 sts and 10 rows = 1" across palm



# 2016 Horoscopes

## Aries (March 21–April 20):

You plan to go out every night during *Shivering Songs*, because you love music and you are still young. Keep it up, Aries: your confidence is both obnoxious and inspiring.

## Taurus (April 21–May 21)

Most of New Brunswick knows you as a stalwart, loyal friend. This weekend, why not try something different?

## Gemini (May 22–June 21)

Like Fredericton itself, you are made of two opposing forces – north and south, business and pleasure, good and evil. It's time to choose a side. (Hint: choose evil)

## Cancer (June 22–July 22)

This weekend is a celebration of music, songs and stories. For you, it is also an opportunity to finally meet and marry a drummer at the Wilmot United Church.

## Leo (July 23–Aug. 21)

At some point on Saturday you will experience a mysterious, fleeting nausea. Relax, this is only the shadow of Time passing across your soul.

## Virgo (Aug. 22–Sept. 23)

You usually volunteer at *Shivering Songs* because you like to feel useful and because your organizational skills are a super big help to overworked festival staff. But for some reason they didn't get back to you this year. Maybe your email is messed up?

## Libra (Sept. 24–Oct. 23)

You can never decide which band to go see at a festival, so usually you just hang out in the beer tent. This weekend will be different, because you have a gluten sensitivity now.

## Scorpio (Oct. 24–Nov. 22)

Why are so many Canadian bands singing about animals and plants and mountains and whatever when most of them live in Parkdale or Outremont or somewhere off Agricola? Dear Scorpio, don't worry about it. Your quest for authenticity is pointless.

## Sagittarius (Nov. 23–Dec. 22)

It's a music festival! Let's go crazy! Wouldn't it be fun to get drunk and hook up with some random bass player? No, not at all.

## Capricorn (Dec. 23–Jan. 20)

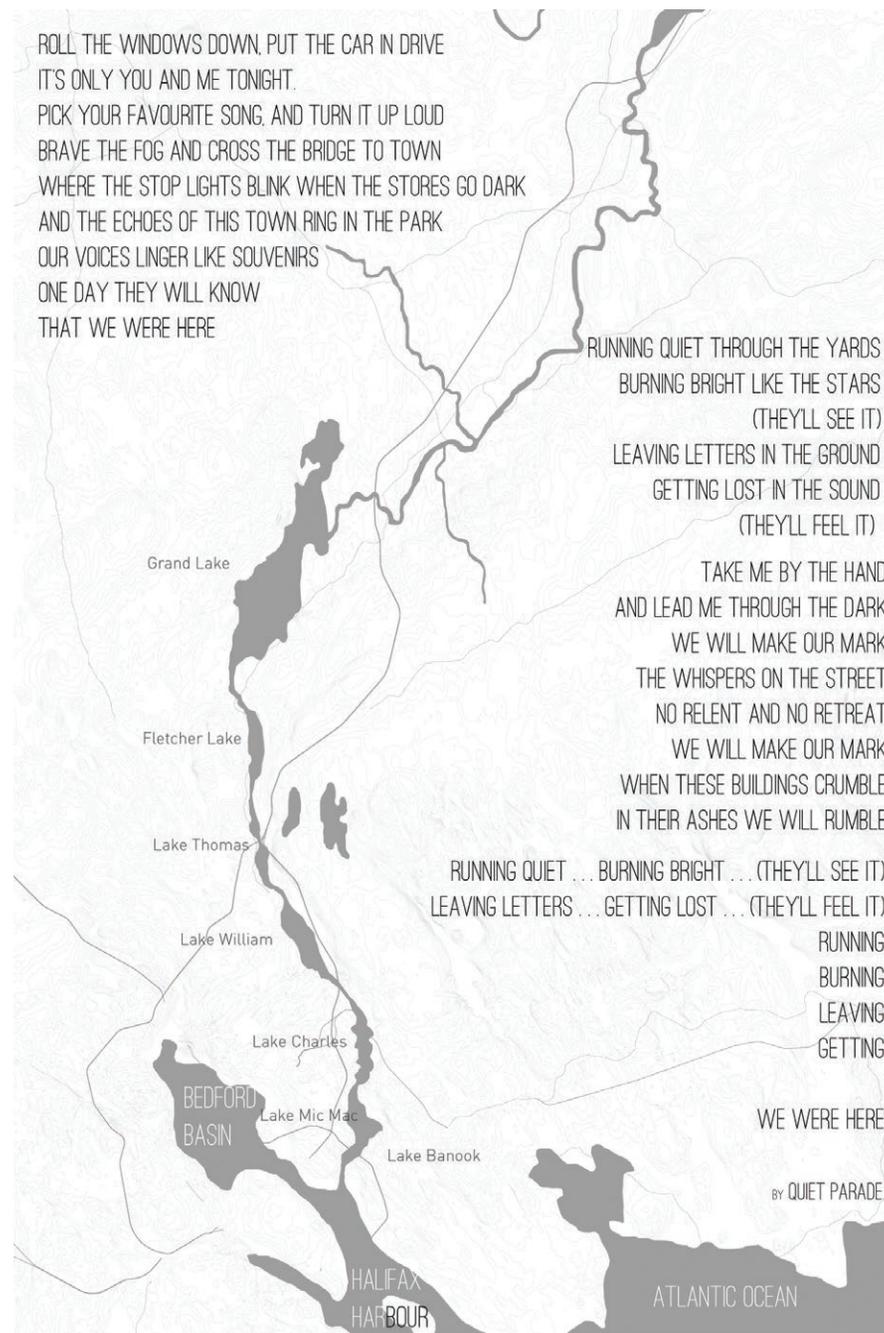
This Sunday will be the start of the best days of your life, when you wake up to find that you have somehow joined Mauno as an auxiliary percussionist.

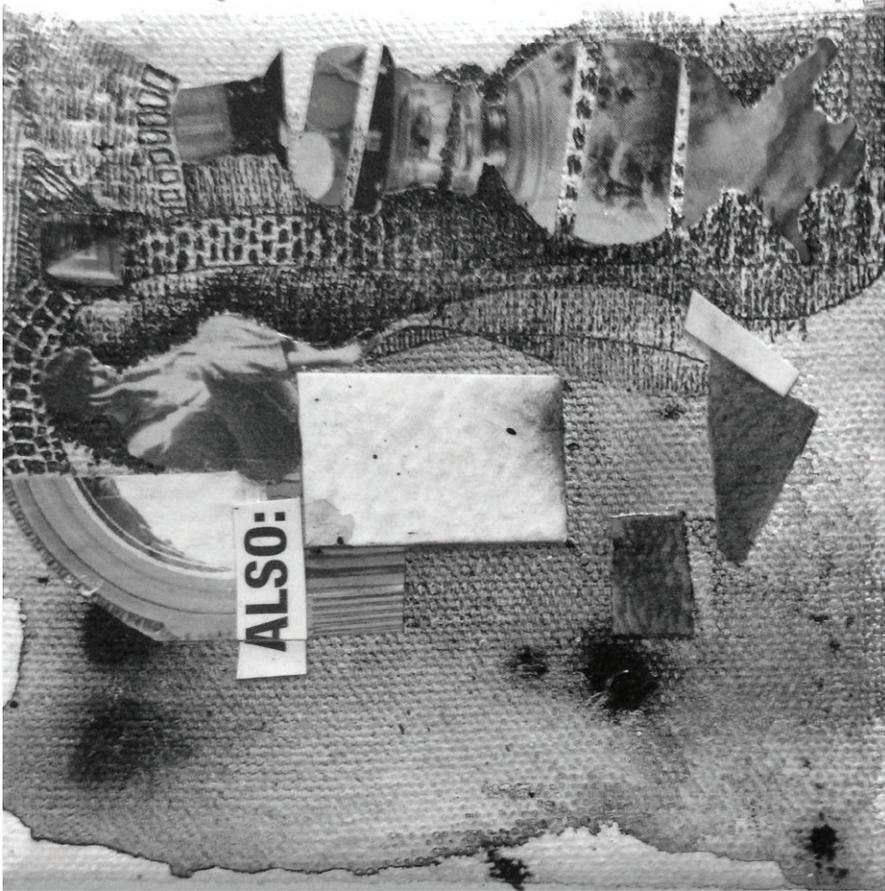
## Aquarius (Jan. 21–Feb. 19)

It's your birthday, or close enough. Dance like everyone is watching and imagine that you are a really good dancer.

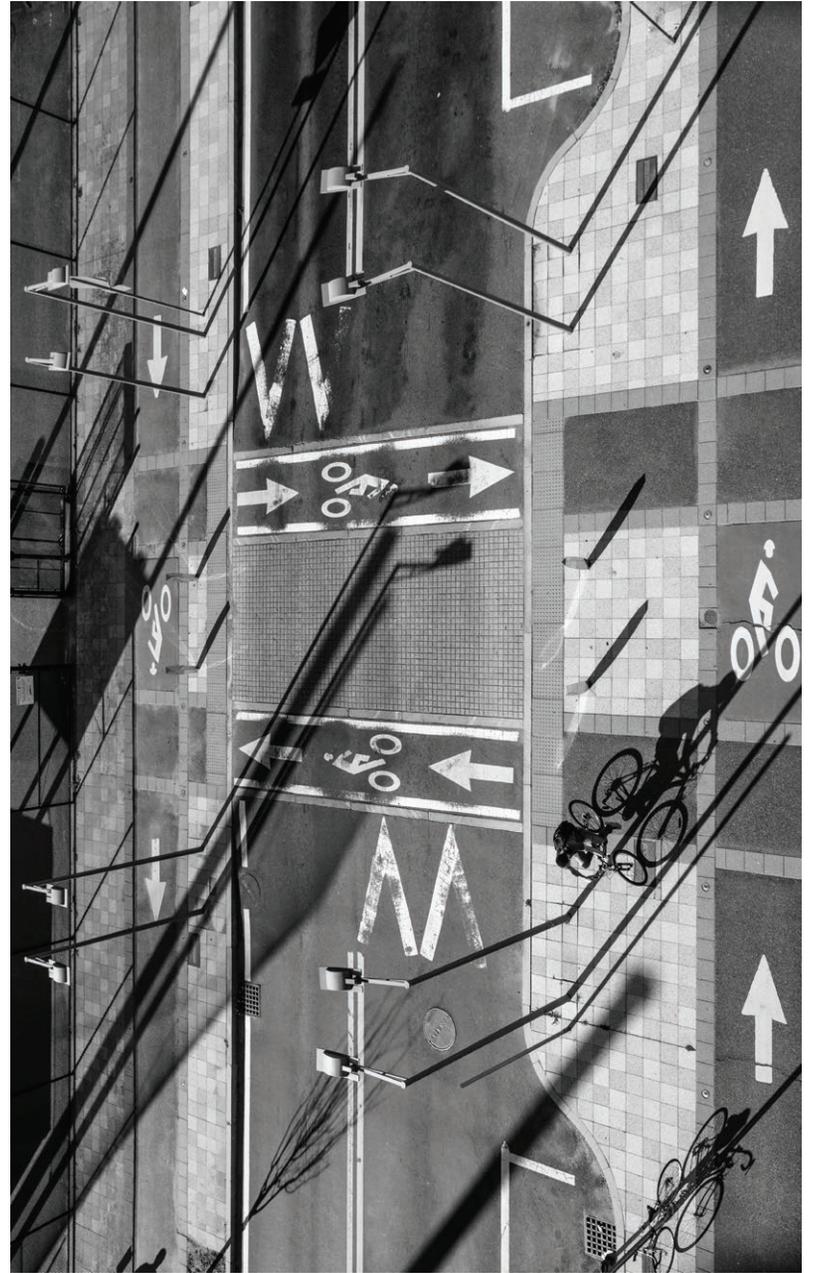
## Pisces (Feb. 20–Mar. 20)

As the undisputed best, kindest, and most interesting sign of the Zodiac, you're used to getting all the love. This weekend will be no different.





Eliza Niemi



Mike Erb

# Do Your Best (Under The Circumstances)

There is no land of perfect, child  
There is no sea of ease  
There is no candy apple trail  
There's broccoli and peas  
There is no suit of armour, child  
There's arrows and there's pain  
But when your heart is broken, child  
Stay strong and love again  
There is no perfect person, child  
Not presidents or queens  
There's only all us trying, child  
To be human human beings



Art by: Sydney Smith

Sheree Fitch  
from *If I Had a Million Onions*,  
Tradewind 2005



## Rumble Rumble

If this is all we get then I'll take my time.  
If this REALLY IS all of it  
then I guess I won't need all of  
these things.  
I try to tell you this over the sounds of  
traffic and train yards,  
city and industry,  
the words are lost in the rumble.  
I need to find a quiet place to tell  
you this.  
They've made it all so noisy,  
distracting, entertaining...  
I just want to tell you something  
worth telling.  
A plane roars above and we look  
up together

So small and miraculous  
but at the cost of this moment.  
Another booming moment in a pile of  
lost wisdom.  
Rumble Rumble  
Roar and Boom  
I need to find a quiet place soon.

Andrew Sisk



## Curried Poutine

**Prep Time:** 5 Minutes

**Total time:** 30 Minutes

**Servings:** 4

### Ingredients:

- 1 onion, chopped
- 2 garlic cloves, diced
- 2 Tbsp (30 mL) Biryani paste or your favourite curry paste
- 1/2 cup (125 mL) water
- 1/2 cup (125 mL) coconut milk
- 1 can red lentils
- 4 cups (1 L) sweet potato fries
- 2 cups (500 mL) baby spinach
- 2 cups (500 mL) shredded white cheese

### Directions:

1. Sauté onion and garlic in a heavy-bottomed pot until softened.
2. Add curry paste and water.
3. Rinse lentils in cold water
4. Add lentils and coconut milk to pot and simmer for 15 minutes or until thickened.
5. Serve 1 cup (250 mL) of curried lentils over 1 cup (250 mL) fries and top with 1/2 cup (125 mL) spinach and (125 mL) shredded strong cheddar cheese or cheese curds.

Note: use vegan cheese to convert this recipe to a vegan dish. Pop in the microwave for about 40 seconds to melt the cheese if desired.

Andrew O'Brien

# SHIVERING SONGS 2016 VENUES

**The Capital Complex  
Wilser's Room**  
362 Queen St.  
(Entrance on King St.)

**Yogagrow**  
441 King St.

**Wilmot United  
Church**  
473 King St.

**Fredericton  
Public Library**  
12 Carleton St.

**Officer's Square**  
575 Queen St.

**Isaac's Way**  
649 Queen St.

**The Playhouse**  
686 Queen St.

WESTMORLAND ST.

CARELTON ST.

REGENT ST.

GEORGE ST.

**Charlotte Street  
Arts Centre**  
732 Charlotte St.

CHARLOTTE ST.

KING ST.

BRUNSWICK ST.

**Boyce Farmer's  
Market**  
665 George St.

## THURSDAY, JANUARY 21<sup>ST</sup>

**Songs of The City**  
with Jessica Rhaye, Andrew Sisk,  
Michael Feuerstack, Keith Hallett,  
The Olympic Symphonium,  
7:30PM – 8:30PM

The Fredericton Playhouse

**The Hypochondriacs & friends**  
present: **Grand Ole Wilser's**,  
8PM – 11PM

Wilser's Room

## FRIDAY, JANUARY 22<sup>ND</sup>

**Fortunate Ones**, 8PM  
**Andrew Sisk**, 7PM  
Charlotte Street Arts Centre

**Shane Koyczan**, 9PM  
**Michael Feuerstack**, 8PM  
Wilmot United Church

**Alan Jeffries**, 12:30AM  
**Alan Jeffries**, 11PM  
**Juanita Bourque Trio**, 10PM

Wilser's Room

**Vogue Dots**, 12:45AM  
**Mauno**, 11:45PM  
**Devarrow**, 10:45PM

The Capital Complex

## SATURDAY, JANUARY 23<sup>RD</sup>

**Fredericton Presents:**  
"Little hands make great art" an  
interactive celebration of art, music,  
and storytelling: **Sheree Fitch**,  
**Will Pacey**, and **Paul McAllister**,  
10:30AM – 12:30PM

Fredericton Public Library

**Handmade Market**, 11AM – 2PM

Wilmot United Church  
Gymnasium

**Songwriters & Storytellers:**  
**Sheree Fitch (Host)** with guests  
**Jenn Grant**, **Mathias Kom &  
Cedric Noel**, 2PM – 4PM

Wilmot United Church

**By the Fire with Tim Walker**,  
5PM – 6:30PM

Officer's Square

**The Weather Station**, 8PM  
**Marine Dreams**, 7PM

Yogagrow (above Savage's Bike Shop)

**Joel & Bill Plaskett**, 9PM  
**Jenn Grant**, 8PM

Wilmot United Church

**Les Hay Babies**, 11:30PM  
**Mo Kenney**, 10:30PM  
and **Guest**, 10PM

Boyce Farmer's Market

**The Burning Hell**, 12:45AM  
**Quiet Parade**, 11:45PM  
**Brookside Mall**, 10:45PM

The Capital Complex

**Mo Kenney**, 12:30PM  
**David R. Elliott**, 11PM  
**Nick Ferrito**, 10PM

Wilser's Room

## SUNDAY, JANUARY 24<sup>TH</sup>

**Alan Jeffries**, **BLUEGRASS  
BRUNCH**, 10AM – 1PM

Boyce Farmer's Market

**Songwriter Intensive showcase**  
with host **Michael Feuerstack**, 5PM

Charlotte Street Arts Centre

## FOUNDING PARTNERS

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St. Thomas University



Traditional Ales  
Fredericton, New Brunswick

CAIN | BOYER  
Benefits Group



Ginger Design  
[www.gingerdesign.ca](http://www.gingerdesign.ca)

## STRATEGIC PARTNERS

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CROWNE PLAZA  
FREDERICTON - LORD BEAVERBROOK



Bringloe Feeney LLP  
Chartered Accountants

A Member Firm of The AC Group of Independent Accounting Firms Limited



## ENHANCEMENT PARTNERS

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Fredericton  
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