

HIT THE TRAIL

FINAL INSTRUCTIONS FOR RUNNERS



11am Sunday 8th January 2017 – Reddish Vale Country Park

REGISTRATION - Registration is at the Carousel Public House, Reddish Road, Stockport SK5 7HR. Half a mile jog from registration to start. Please allow time (see map below).

RACE FULL - NO ENTRIES ON THE DAY—if you know someone who is planning on turning up, please tell them not to expect a place, our license stipulates a maximum number of participants (400) and we cannot exceed this.

RACE START - at Tiviot Way bridge over River Mersey – 100 metres from Portwood Roundabout, M60 Stockport, opposite Tesco Extra (see map below)

PARKING at The Carousel, Woodhall and Tiviot Way car parks (see map below) – don't park on main road, you may be clamped.

PRESENTATION at Carousel Pub (see above).

PRIZES: Equal men & women + vets categories & teams (depending on entries). **All prizes to be collected on the day.**

COURSE RECORDS: (M) **Andy Norman** (Altrincham) **24.12** (F) **Diane McVey** (Wilmslow RC) **29.37**

FINALLY, A MASSIVE THANK YOU TO ALL RUNNERS, THANK YOU FOR SUPPORTING OUR EVENT!



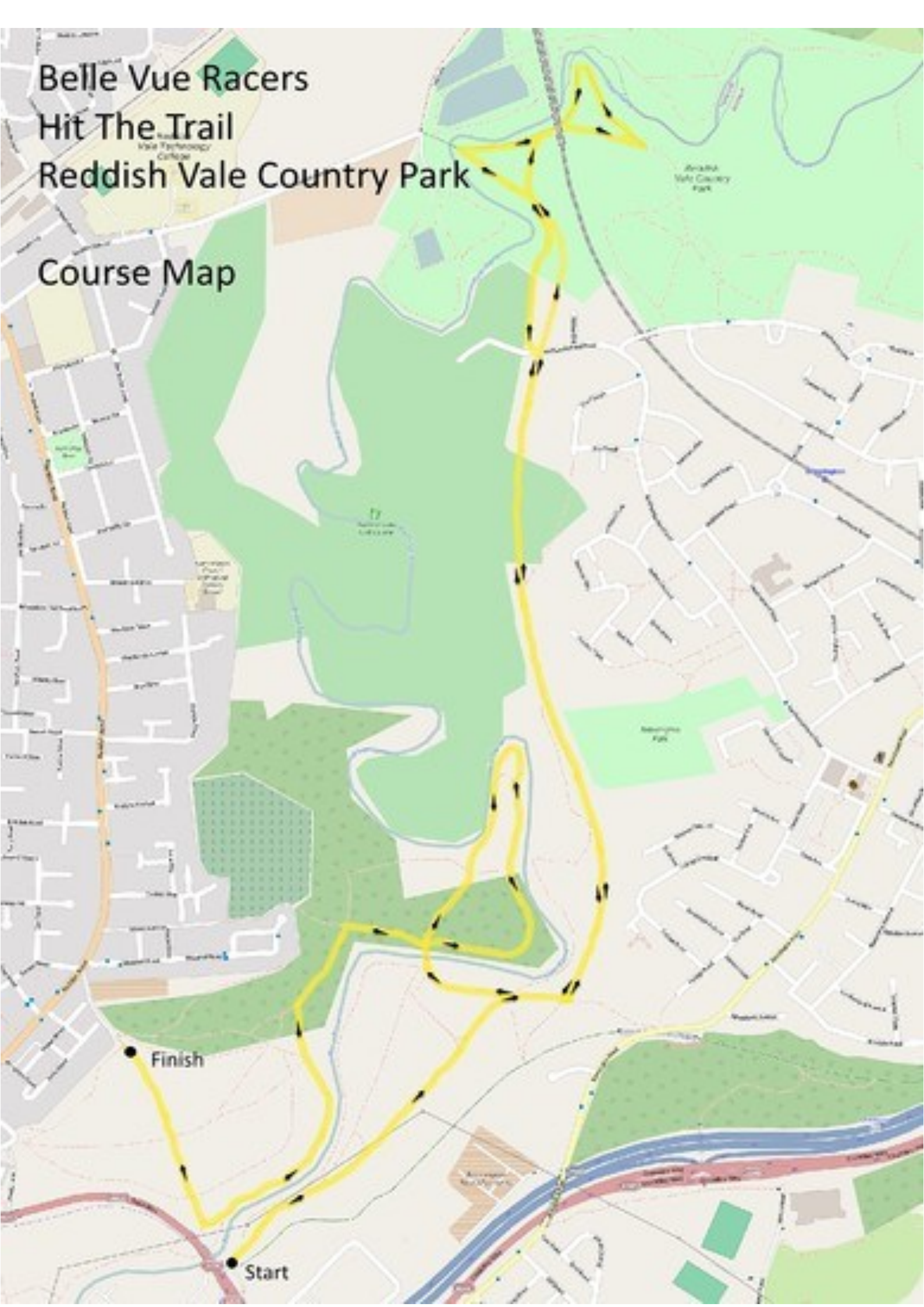
Watch out for our other race
The Mad Hatter
This Summer



See you at **The Mad Hatter** Trail Race in May!

Belle Vue Racers Hit The Trail Reddish Vale Country Park

Course Map



Carousel -

RACE REGISTRATION

How to get from RACE HQ to the start



Willow Grove Cemetery

Birkdale Rd

B6167

Central Dr

Willow Ave

Woodhall Rd

Gair Rd

Greg St

Reddish Rd

Melton St

Hilda Grove

 **13 min**
0.7 mile

FINISH ("THAT HILL")



River Tame

START


 NCN62

