

+ ANYTIME FITNESS OF FORT PIERCE



**GROUP
FITNESS**

CLASS SCHEDULE

FREE TO ALL MEMBERS

NON-MEMBERS \$10 PER CLASS TO BE PAID AT FRONT DESK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM</p> <p>BOOM MUSCLE W/ JOHN 9AM-9:30AM</p> <p>BOOM MUSCLE W/ JOHN 10AM-10:30AM</p> <p>RIPPED & LEAN W/ ANGEL 5:30PM-6:30PM</p>	<p>ZUMBA W/TERESA 9AM-10AM</p> <p>ZUMBA W/ TERESA 6PM-7PM</p>	<p>SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM</p> <p>BOOM MUSCLE W/ JOHN 9AM-9:30AM</p> <p>BOOM MUSCLE W/JOHN 10AM-10:30AM</p> <p>BATTLEGROUND BOOT CAMP 5:30PM-6:30PM W/JOHN</p> <p>VINYASA YOGA W/MOLLY 6:00PM-7:00 PM</p>	<p>KICK BOXING PLUS W/ RON EALY 9AM-10AM</p> <p>ZUMBA W/TERESA 10AM- 11 AM</p>	<p>SILVERSNEAKERS CIRCUIT W/DONNA 8AM-9AM</p> <p>BOOM MUSCLE W/ JOHN 9AM-9:30AM</p> <p>BOOM MUSCLE W/JOHN 10AM-10:30AM</p>	