

# Benjamin Johnstone

Student

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I am a bilingual high school student in the specialized Arts Program (Music Percussion) at Canterbury High School. By being in more than 4 bands simultaneously at my previous school, De La Salle, I have learned many useful skills. In addition, with more than one hundred volunteer hours with a non-profit organization, I have garnered a lot of experience.

Ambitious, adaptable - I'm ready to learn and I always look forward to finding new ways to improve my skills. I am a quick and flexible learner and do my best to execute my job as well as possible. After only one day of working as dishwasher I was already becoming efficient at my job, not being afraid to ask questions and improve.

Experience

## Cora's Breakfast Restaurant

MARCH 2015 TO JUNE 2015

Dishwasher

These were the tasks assigned to me at my old workplace:

- Place clean dishes, utensils, or cooking equipment in storage areas.
- Wash dishes, glassware, flatware, pots, or pans, using dishwashers or by hand.
- Maintain kitchen work areas, equipment, or utensils in clean and orderly condition.
- Stock supplies, such as food or utensils, in serving stations, cupboards, refrigerators, or salad bars.
- Sweep or scrub floors.
- Sort and remove trash, placing it in designated pickup areas.

Education

## Canterbury

2011 TO 2017

Highschool

I am a grade 12 student in the music program at Canterbury high school.

Music  
Background

I have been playing music from a young age. As a young child I was taught piano, but moved on to percussion in the 3rd grade. Since then I have played in the band and jazz band at my elementary school, which repeatedly won Double Gold at the local music competition Kiwanis. I then moved on to De La Salle where I sang in the Intermediate choir and played in the intermediate band, Harmonie, Orchestra,

Ensemble a Vents, Jazz Ensemble, Ensemble a Gig, Stage Band as well as for a Jam Band. Whilst at De La Salle we won many awards at Kiwanis, including first place within the Percussion category of chamber music - granting us an invite to the CBC awards. Finally, I transferred to Canterbury High School, where I sing in the male chorus as well as play in the Senior Band.

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*Volunteering*

## **CCGSD - Canadian Centre for Gender and Sexual Diversity (Non-Profit Organization)**

JUNE 2014 TO ONGOING

For over a year now I have been volunteering at the non-profit Canadian Centre for Gender and Sexual Diversity (CCGSD), formerly known as Jers Vision. Volunteering here has taught me many skills, most predominantly communication with many different types of people. As a volunteer, I had to inform and direct people around our various events, as well as sell raffle tickets which I found I was strangely successful at doing! I met lots of special and unique people by volunteering at CCGSD, and I'm grateful for learning how to be as helpful as I can to as many different types of people as possible. Please feel free to contact my supervisor Kai Ip Wong for a reference ([forum@jersvision.org](mailto:forum@jersvision.org)).

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