

Manifest Healing - How to Heal Others or Yourself

Here's a simplified explanation of how to bring healing...

STEP 1: WHY?

The first question you must answer is, "Why do you want to heal others?"

Over and over again, the Bible addresses the motives of our hearts. To God, why you do something is important. Proverbs 4:23 says, "Above all else, guard your heart, for everything you do flows from it." In Luke 6:45, Jesus said, "Every tree is known by his own fruit. A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For out of the abundance of the heart the mouth speaks."

It's our motives that drive us. In this case, we can want to heal others for the wrong reasons, for our persona glory, because we want to see miracles, etc. The right reason counts because it brings the best results and honors God. 1 Corinthians 10:31 says, "Whether you eat or drink or whatever you do, do it all for the glory of God" and Colossians 3:17 says, "Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

Even more, Jesus said that to love God and others were the two highest commands of God, the two most important things we can do (Mark 12:23-31) 1 Corinthians 16:14 says, "Do everything in love." In fact, 1 Corinthians 13 explains that without love, we are wasting our time. Galatians 5:6 says that "faith works by love."

STEP 2: HOW?

The second question you must answer is, "How do we heal others? What does it take to heal others?"

First, by faith.

In Mark 16:17-18, Jesus said, "These signs will accompany THOSE WHO BELIEVE: In my name they will drive out demons; they will speak in new tongues they will pick up serpents, and if they drink any deadly poison, it will not hurt them; THEY WILL LAY HANDS ON THE SICK, and they will recover." Did you see what is required? Healing the sick is for "those who believe."

If you do not believe, then you cannot receive. In Matthew 9:29, Jesus said, "According to your faith let it be done to you." In other words, you are getting what you believe. If your faith says I don't have the power, I can't heal, it's not working, etc, you are right. Let faith in God and His Word rise up in you, faith to believe what Jesus said, that "those who believe will..." James 5:15 says, "The prayer offered IN FAITH WILL make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven." Again, the prayer offer IN *FAITH* WILL...

Faith is the key. You have to know you have the right to heal, the authority to heal, the power to heal, and that God will heal when you release your faith by taking action on these. Hebrews 11:6 says, "Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him." Note here that God is displeased with unbelief and will not reward it. Additionally, not the word, "earnestly seek Him."

Second, by being hungry, by a driving desire.

As just pointed out from Hebrews 11:6 God rewards those who EARNESTLY seek Him. You cannot be casual about it! In Matthew 5:6, Jesus said, "Blessed are those who hunger and thirst for righteousness, for they will be filled." In other words, only the ones who are hungry will be fed. You have to be hungry for it. Hungry people look to be fed and may eat whatever is put before them. People who are not hungry can take it or leave it and may be picky. In Matthew 11:12, Jesus said, "The kingdom of heaven suffers violence, and violent men take it by force." Sometimes you have to take the kingdom "BY FORCE." In Revelation 3:16 says, "Because you are lukewarm--neither hot nor cold--I am about to spit you out of my mouth." God cannot stand mediocre.

Third, by the Holy Spirit of God.

Zechariah 4:6 says, "'Not by might nor by power, but by my Spirit,' says the LORD Almighty." 1 Samuel 17:47 says, "It is not by sword or spear that the LORD saves; for the battle is the LORD's." Self-effort will not work. You cannot heal anyone, but only God can and He does it through His Holy Spirit. He is the healing power. Acts 1:8 says, "You will RECEIVE *POWER* when the Holy Spirit comes on you."

In Acts 2:38, Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit." 1 Corinthians 12:4-11 explains that when you receive the gift of the Holy Spirit, or the Baptism of the Holy Spirit to you receive nine other gifts, spiritual gifts, and according to Ephesians 4:12, these are "to equip His people for works of service, so that the body of Christ may be built up."

1. The word of wisdom (v. 8) - having the ability to know how to apply what you know, like knowing how to heal someone.
2. The word of knowledge (v. 8) - having the ability to know things supernaturally that you would not normally know, like knowing what issues need to be healed.
3. The gift of faith (v. 9) - having the faith needed to get results, as faith is what accomplishes God's will.
4. The gift of healing (v. 9) - having the ability to heal someone.
5. The working of miracles (v. 10) - having the ability to perform miracles of healing and deliverance.
6. The gift of prophecy (v. 10) - having the ability to know what will help and direct someone.

7. The gift to discern spirits (v. 10) - having the ability to know what spirits are involved in a person, place or thing (angels, demons and other spirits), like knowing which demons to cast out.
8. The gift of tongues (v. 10) - having the ability to speak in a language you do not know, like angelic languages, languages of men and any other language. Helpful in praying for healing and/or deliverance, and praying God's perfect will. Romans 8:26-27 says, "The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God."
9. The interpretation of tongues (v. 10) - having the ability to understand the language that someone is speaking with the gift of tongues.

Forth, by being led of the Holy Spirit.

Romans 8:14 says, "Those who are led by the Spirit of God are the children of God." If you are not being led of the Spirit either you are an illegitimate child of God or you have not submitted to the leading of the Spirit and are carnal, led by the flesh. Why is being led of the Spirit so important for healing? Because God is the Healer, not us, and He knows exactly how to heal someone and what HE wants to do with someone. The ministry of healing is His, not ours. We are merely vessels, instruments in the hands of God.

Once recognize that we have no power in ourselves to heal another or ourselves and need the Holy Spirit, we must be led of the Holy Spirit in how to proceed. Note the different way Jesus healed people. In one case, He merely touched their hand. In another case, He commanded healing. In another case, He spat on someone's eyes. In another case, He spat on the ground and made mud and put it on their eyes. In another case, He simply decree. In another case, He simply agreed with what other had faith for. In one case, He did nothing, but a woman went out of her way to touch Him and she was healed.

So if you want to know what steps to take to heal someone, you can ask God explicitly, what does this person need? Expect Him to show you.

STEP 3: WHAT IF?

The third question you must answer is, "What if I don't see immediate results?"

First, Ephesians 6:12 says that our struggle is not against flesh and blood but against evil spiritual forces. Verse 13 concludes, "Put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand." Did you see what is required when you don't see immediate results? "Stand your ground," and when you have done everything, keep on standing.

In other words, you know God answered, so stand your ground until the enemy gives in and gives up. In fact, again, it says that after you have done everything you know to do or were supposed to do, keep standing firm. 1 Peter 5:9 says, "Resist the devil, standing firm in the faith." 1 Corinthians 16:13, Philippians 1:27, 1 Thessalonians 3:8, Galatians 5:1, 2 Thessalonians 2:15 all say, "Stand firm!" Isaiah 7:9 says, "If you do not stand firm, you will not stand at all." It's not just standing but standing firm.

Second, Daniel 10 gives us an example of what happens when we do not see immediate results. In Daniel 10:12, an angel showed up and told Daniel that the first day he began to pray, God heard and answered, but he was held up by demonic forces that resisted him getting Daniel's answer to him right away. It took 21 days for the angel to break through and it took Archangel Michael's help. If Daniel had quite praying, the angel would never have broken through, so we must follow his example, knowing that God heard us the first day and that the hindrance is likely demonic forces resisting us from receiving the answer.

If you are not seeing immediate results, keep praying and start praying against any resistance. For instance, "Father God, breakthrough every hindrance to our prayers being answered immediately. Send reinforcements to those angels who are executing the answers our prayers. Send fire, and hailstones against the demonic forces working against us. If any of the holy angels answering our prayers have been bound, we loose them in the name of Jesus. Lord, loose these holy angels in heaven now. Let the answers to our prayers come speedily! We decree that our prayers are strong, powerful and effective and that our prayers are unhindered and so we receive our answers immediately and miraculously. In Jesus' name. Amen!"

Standing is THE key to seeing the victory. In my own life, I used to suffer from bad colds and flus every season change. I finally had enough of that knowing that I didn't have to be sick at all. When I ended up sick again, I stood against it. I commanded it to go. I decreed it had more power over me and I was no longer subject to it. It took me approximately six weeks to defeat it entirely because it kept trying to come back. For the first three weeks, I saw no result. Then it just disappeared only to come back again a few days later. Then it lasted two weeks, disappeared suddenly again and came back a few days later. I did this over and over again until it was down to one day. On that day, I declared victory over it and told it never to return and it hasn't. I have only ever been sick with cold twice since then -- it's been years -- and both lasted only one day because both times, I said, "I told you not to come back so go, in Jesus' name." The key to my victory was standing on what I knew was mine, in knowing that prayer works, in knowing that I was resisting demons, in knowing that God was for me and not against me, etc, etc.

REFERENCES

If you are serious about learning how to heal people, read what others do. I highly recommend the following resources...

Hunters Healing Praying Specific: Abbreviation of healing principals from: "Hand Book of Healing by Charles and Francis Hunter!

<http://gloryboundministries.com/wordpress/?p=351>

<http://www.reachingoutministries.org/Message%20Spiritual%2018%20Healing%20%20Praying%20Specific.htm>

The Elijah Challenge Healing Training Manual (downloadable pdf)

<http://www.freebibledownload.net/DeliveranceTraining/TheElijahChallengeTrainingManual.pdf>

John G. Lake Ministry Divine Healing Technician Training Course (audio)

http://www.divinerevelations.info/documents/healing/jgl/jgl_ministries.htm

Healing Starts Now!: Complete Training Manual by Joan Hunter (paperback book, Kindle)

<http://www.amazon.com/Healing-Starts-Now-Complete-Training-ebook/dp/B004XVZ82M>

How to Receive Your Healing

<https://www.youtube.com/watch?v=-u7smoJiKxk>

Deliverance and Healing (Manual) by Mike Connell (audio, downloadable pdf, ebook)

<http://mikeconnellministries.com/manuals/21/Deliverance-and-Healing-Manual.aspx>

The Deliverance Manual by Gene B. Moody (downloadable pdf)

<http://www.genemoody.com/deliverance-manuals.html>