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General Rules

- You will not watch TV or play on your computer until after your chores and/or study is done.
- You will call your parents biweekly on rotation.
- You will not text and drive.
- Naptime of up to 90 minutes is permitted once daily, but is to be initiated no later than midnight.
- You will close Kashi's curtain and dump the AC water before bed each day.

- You will complete chores on their assigned days.
 - Cat box—Tuesday morning, Thursday morning, Saturday morning.
 - Dishes—Wednesday morning, Friday morning.
 - Laundry—Sunday morning.
 - Tidy bedroom—Monday morning.



Dynamic Rules

- Daddy's word is final.
- You will trust Daddy. Daddy won't ever knowingly give you bad advice or poor judgment. Daddy is not infallible, but you are to trust Him.
- You will not intentionally lie to Daddy.
- You will try to be as discrete as possible about the PE around Liz and company.
- You will call Daddy by His chosen name when the two of you are in vanilla company, vanilla public, or with vanilla friends or family.

- You will not make purchases over \$15.00 (pre-tax) without Daddy's approval.
- You will check in with Daddy via a text message every 30 minutes when outside of the home, and send a picture of your surroundings upon request.
- You will ask Daddy for permission to post pictures of yourself online so that He can judge their appropriateness.
- You will not swear at Daddy.
- You will not give Daddy the cold shoulder or middle finger, and you will not ignore Daddy when He is speaking to you.



Self-Help Rules

- You will make at least one entry in your Positivity Journal every day.
- You will watch at least one episode of your anime every Saturday (after school).
- You will remember to take your medicine and remind Daddy to provide them when you are supposed to take them so He can observe.
- You will try your best to tell Daddy when you are feeling blue and why (if there is a reason).
- You will be open and honest with Daddy at all times, while still being respectful, even if He may not like what you have to say.

- You will keep your snapper on at all times.
- You will follow the Five Step process if you feel an oncoming depressive episode or anxiety/panic attack.
- You will do your best to resist selfmutilation and tell Daddy when you have the urge to do so. If Daddy is not immediately accessible, try to use your snapper instead.
- If you do slip and self-harm, you will tell Daddy right away so He can treat it; you will not get in trouble.



Wellness Rules

- You will try your best to drink at least 3 bottles of water every day; sports drinks are a permitted substitute, but water is preferred.
- You will not smoke, do drugs, or drink liquor without Daddy's explicit permission.

- You will not go out in rain or cold without a jacket and shoes (flip-flops do not count).
- You will follow your eating regimen.
- You will walk Lucifer down to the street and back up to the Terrace at least once daily, weather permitting.



Hygienic Rules

- You will wash your hands after going potty.
- You will brush your teeth in the morning and at night.
- You will change out your bath towel at least once weekly.
- You will submit your favorite bra for washing at least once biweekly.

- · You will shower daily.
 - · You will wash your hair daily.
 - You will shave your armpits daily.
 - You will shave your legs Monday night, Wednesday night, Friday night, and Saturday night.
 - You will perform facial maintenance on Saturday night before your shower.
 - You will shave your princess parts Saturday night.



House Rules

- You will put dirty clothes in the hamper and hang up clothes that can still be worn; clothes do not belong on furniture.
- You will not leave shoes on the ground/in open space for Lucifer to chew.
- You will not put your feet on the furniture if you are wearing shoes; your feet do not belong on the table, ever.

- Daddy gets first rites to the TV remote.
 - You must receive permission before changing the channel.
 - You may change the channel at your discretion if Daddy has fallen asleep.
- You will ask Daddy before using sharp objects or heat sources so that He can assist or supervise as He sees fit.
- You will rinse your dish after you've finished eating; set up a hot soak if one is not already in place.



School Rules

- You will wake up at 5:15 on school nights.
 - You will be in the shower by 6:00.
 - You will have breakfast ready by 7:30.
 - You will begin school by 8:15.
- Although there is room for negotiation in regards to chores, school work will always come before all other recreational activities.
- You will study, uninterrupted, for at least 3 hours on your school days (Wednesday, Saturday, Sunday).
 Working on school assignments can count towards this time.

- You will read at least 1 chapter of your assigned literature every day, whether it is a school day or not.
- You will notify Daddy promptly when you are given a new school assignment.
- You will have Daddy check your homework, minor assignments, papers, and projects before submitting them.
- You will let Daddy read any emails to professors/classmates and Discussion Board posts before sending/submitting them so He can make sure they are "big" enough.
- You will be prepared to provide a detailed account of your school day if Daddy asks.
- Although there is no bedtime on school days, this
 does not mean that your wake-up time is extended
 if you stay up all day. You are still expected to
 brush your teeth and hair before bed.



Work Rules

- You will wake up at 3:15 on worknights.
 - You will be in the shower by 3:30.
 - You will be out of the shower by 4:00.
 - You will be dressed and wake Daddy by 4:30.
 - You will have breakfast ready by 5:00.
 - You will be ready to leave by 5:30.

- You will perform your work to the best of your abilities.
- You will be prepared to provide a detail account of your work day if Daddy asks.
- You will go to bed at 8:00 on work days. You may not eat snacks within 2 hours of bedtime. You will have your teeth and hair brushed by 7:30. You may have story time until 7:50. You may only actively snuggle one stuffy at a time.



Social Rules

- · You will use your inside voice.
- You will not interrupt people when they are talking, especially Daddy.
- You will not intentionally embarrass Daddy in front of others.
- You will tell Daddy if someone makes you uncomfortable.

- You will respect others' privacy and personal space.
- You will respect your Superiors with the same respect that you give to Daddy. These Superiors do NOT have the same authority over you as Daddy, and it is okay to respectfully decline propositions from Them. You will address your Superiors as Sir or Miss unless advised otherwise.



Public Rules

- · You will wear modest clothes when you go out of the home.
- Use your inside voice.
- You will use your headphones if watching videos/listening to music with others around. If you do not have your headphones, you may watch videos on mute with subtitles.
- You will not talk in theaters during movies unless the two of you are the only ones there.
- You will tell Daddy if you are getting overwhelmed so He can find you a safe and quiet space to regress.

- You will hold Daddy's hand when walking;
 Daddy always walks street-side.
- You will not wander out of Daddy's sight.
- You will not talk to or accept food or drink from strangers. If approached by a stranger, avoid eye-contact, keep your responses short but polite, try to get away as quickly and subtly as soon as you're able to do so (remain in sight of other pedestrians; do not isolate/corner yourself), and locate/call Daddy as soon as possible.
- If you become lost, call Daddy as soon as possible. If your phone is dead/unavailable, locate the nearest security center or public office and remain there (He will do the same); borrow a woman's, preferably one with children, phone if possible.



Playdate Rules

- You will respect others' homes, property, privacy, and personal space.
- You will ask before touching others or their things.
- You will not be grabby or greedy.
- · You will share your toys.
- You will not yell or be bossy.

- You will show other Caregivers the same respect you would show Daddy.
- You will not Play with other Caregivers or Their littles without Daddy's permission.
- You will always thank your host for having you at their house or inviting you out somewhere.



Playtime Rules

- You will tell Daddy when you are going to gush (unless you are playing with yourself, alone). If Daddy says to "hold it", you will do your best to do so.
- You will try your best to be quiet when Playing unless you are certain the house is empty.
- You will tell Daddy if He is hurting you or causing you discomfort.
- You will not be mad at Daddy if He stops playing with you suddenly; He can't help it.
- You will not be ashamed to discuss your fantasies with Daddy whenever He inquires, and will be open-minded to His own.
- Toys belong in the Toybox when not in use.

- · You will keep yourself and your Toys clean.
- You will keep your princess parts clean so Daddy has a clean place to eat whenever He wants.
- Daddy is allowed to see your princess parts, play with them, or watch you play with them whenever He wants.
- You will be sensually available to Daddy at all times of the day or night, even when you are asleep.
- You will stroke, not rub, when playing with Daddy's King parts. Daddy likes it when you tell Him how big and hard His cock is.
- You will play online with anyone Daddy tells you to; you may ask Daddy for permission to play online with those who you are interested.
- You will not have sensual or romantic communications with others without Daddy's permission.



Five Step Process

- 1. Take a deep breath, hold for 5 seconds, slowly release.
- 2. Color something blue. If at work, multitask and stay Available.
- 3. Use your snapper.
- 4. Take a few minutes to go outside and breathe. If at work, go into AUX and ask your TL for a brief exception to do this. Only stay in AUX for up to 2 minutes if your TL is unresponsive, then skip to Step 5.
- 5. Use FMLA as needed.



Eating Regimen

- You will begin eating dinner no later than 6:00
- You will clean the dishes necessary to make and consume your meal; you will not cut corners.
- You will not consume sweets and other treats without Daddy's permission.
- You will only drink dark fizzy drinks and alcohol when dining at restaurants, unless Daddy permits otherwise.
- You will heat pre-cooked meals on the stovetop when possible.
- You will eat outside, weather permitting.

- You will eat food out of bowls or off of plates, not straight from the package, regardless of what it is.
- You will drink beverages from glass cups, no matter what it is.
- You will eat desserts and snacks out of the small glass bowls.
- You will eat carb-based meals out of the medium glass bowls.
- You will eat veggie-based and/or protein-based meals, soups, and stews out of the large glass bowls.
- The large saucer plates are for family/holiday dining events only.
- If, after a full meal, you would like another helping, subsequent servings are to be eaten at least 15 minutes but no more than 30 minutes apart.



Pet Care

- You will give Kashi fresh water from the sink, pull up his food, and open his curtain every night immediately after your shower.
- You will take Lucifer out to potty immediately upon arriving home. On workdays, this should also be the time he is taken for his walk down to the street.
- · Kashi is to receive a glob of Vaseline before you turn in for bed each day.
- When Kashi gets especially grumpy, he may benefit from a sprinkle of catnip and some alone time.
- Lucifer may occasionally need help sheathing is red-rocket. You are to use Vitamin E oil to lubricate the area so as to cause the least amount of discomfort. Be patient and gentle as this could take several minutes.



Disciplinary Actions

- Breaking any rules will result in punishment. The punishment will be proportionate to the severity of the infraction. Punishments will include one or more of the following:
 - Giving an explanation or receiving a lecture of which rule you broke and the specifics of how you broke it in this circumstance
 - Writing lines
 - Extra chores
 - Laps around the Terrace
 - Temporary removal of privileges (such as television, movie, video games, desserts, etc.)

- Punishment spankings
- Rubber band snaps
- Nipple clamps
- Gush denial
- Forced gush or gush abuse



Control & Responsibilities

When it pleases Daddy, He may exercise His control over:

- · What you wear.
- What you eat.
- · When you gush.

You are responsible for:

- · School.
 - Reporting new assignments to Daddy, having Daddy check assignments before submission, having Daddy monitor correspondence between you and professors/classmates
- Occupation.
 - Including overtime to make up time missed for late arrivals, long breaks, and unexcused absence
 - · FMLA coverage not required
- Chores.
 - As assigned and scheduled by Daddy



Your Rights

- You have the right to use your safeword (narwhal) at any time without fear of judgment if you genuinely don't want to do something or if something just doesn't feel right.
- You have the right to call for a hold time (a suspension of power dynamic) at any time and talk with Daddy as equals, and expect your feelings and opinions to be heard, acknowledged, and respected.
- You have the right to have rules for Daddy. If there are things you do not want Daddy to do or have control over, you have the right to negotiate these terms with Him.
- You have the right to be little as much as you need or desire. This isn't something the two of you do only in private and you should be free and comfortable to slip into little space without worry. There are, of course, situations in which slipping into little space is not ideal, and you should therefore use your best judgment. You will never be punished for slipping into little space.
- You have the right to have one comfort item with you at all times, whether in private, public, or during punishment.

- You have the right to contact family, friends, other submissives, kink support groups, and mental and physical health professionals at any time.
- You have the right to have friendships, hobbies, and social plans that don't include Daddy, provided you keep Daddy informed of your whereabouts and who you're with.
- You have the right to make mistakes. The two of you are to communicate, listen, learn, forgive, and move on.
- You have the right to feel insecure about any parts of yourself, internal or external. You are a beautiful and sexy princess and don't need to feel this way, although Daddy will understand if you do and will respect those insecurities.
- You have the right to play with your princess parts whenever you want; Daddy is not always in the mood to play, but He understands He has a very naughty princess.
- You have the right to deny sensual Play with Daddy
 whenever you see fit. You do not need to specify a reason,
 although you should keep in mind that Daddy worries about
 your emotional stability and wants to help any way He can.
 You should try to open up to Him whenever possible so the
 two of you can explore ways to strengthen your bond.





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Protect her

• You are her primary protector. This protection is unconditional. It can be protection from stressful elements in her life—financial, psychological, etc.—as well as protection from physical threats. You're the one she turns to, and You provide what few can. As her emotional safe haven and secret keeper, the intimacy of your relationship will be unlike any other. There needs to be absolute trust between each other. The damage of broken trust in a DDIg relationship can be beyond devastating. If she opens up to You, never ever use it against her or manipulate her with that information. It's borderline abuse and, to put it mildly, one of the most damaging things You could ever do. While You are punishing her, it is important to keep in mind that You are still her protector. Never, ever, forget that fact.



Punish her

She needs to learn that respect for her Daddy is of the utmost importance. It is Your responsibility to teach her to grow and learn while maintaining respect for Your role as her Daddy and following Your rules. These rules should always be clear and consistent and it's important for both parties to agree to follow them. As is with any BDSM relationship, there may or may not be punishment, discipline, and penalizing involved if the rules are broken. Some Caregivers are strict while Others prefer to take the gentler approach with chores, loss of privileges, and other non-physical punishments. In many cases, the gentler approach can be far more effective since many people in BDSM relationships enjoy physical punishments. The punishment is not about giving pleasure through pain, but teaching her a lesson—that breaking the rules will not be tolerated. After punishment, it is Your job to reassure her, once it's time to move on, that You still love her, and it's for the relationship's benefit. Once time to move on, that You still love her, and it's for the relationship's benefit. Once again, the type of punishments and rules is entirely dependent on the couple and circumstances surrounding the relationship, and this can vary greatly. Overall she should anticipate some form of punishment/discipline if she acts out against Your wishes or "forgets the rules".



Provide for her

• While You protect and guide her through the world, it's important to care for her to ensure she is healthy, happy, and cared for. This could include making sure she is eating well and has her basic needs met, like any relationship, but a Caregiver will generally take this to the next level as They are responsible for Their little's wellbeing. Feel free to spoil her if You can. As her Daddy, You will know what she loves and having a surprise now and then will make her feel special. These rewards or gifts could be anything You like—be creative. Toys, candy, new play items (coloring books, stickers, teddies), or maybe even some quality time together. Just remember-You are a Daddy, not a Sugar Daddy. Don't get these two confused. Your job is to help her be the best she can be. You provide solutions to a problem, rather than being the solution Yourself. Yourself.



Be her Partner

· As her Daddy, You are her everything, as she is to You. She is the sun, moon, and light of Your life, so treat her as such. Whether the relationship is or isn't sexual, it is important for both parties to feel loved and cared for. The DDIg dynamic is a thing of absolute beauty. You have the power to elevate a dynamic like this to unknown reaches of self-discovery, so You need to make it very clear that she is of the utmost importance to You and earn her trust. You are partners in this dynamic together. This requires endless communication, compromise, and compassion. With any BDSM relationship, you need to know each other's soft and hard limits and respect them. Never penalize her for not wanting to compromise on a hard limit. You should both understand that while the Daddy is the Dominant, the little has her own limits.



Daddy Do's

- Send special, personal stats reports to her weekly for work at some point during Your Saturday shifts, time permitting. You should try to make them colorful and exciting to look at and write cute comments where applicable. (Good job! Nice improvement! What happened here?? etc.)
- Keep track of her school assignments and their due dates, help her prioritize when needed, remind her of them when needed, and praise her for completing and turning them in.
- Keep track of her chores, remind her to do them when needed, and praise her for doing them.

- Check her work for effort before she turns it in. You may not understand the content, and that's okay. You should check for complete sentences (where applicable), grammar, spelling, and format. (Is it pretty and professional? Is it sloppy?)
- Gently push her to do her chores, school, work, and extracurriculars, even if she is feeling blue. Understand if this is not possible for her to accomplish, and reassure her that it's okay to struggle sometimes.
- Stay engaged. Even if You feel like You're being nosy, ask about upcoming assignments, how she feels, how she slept, how her work day was, if she likes her classes, if she's worried about anything, etc.. Recognize and break past her withdrawal.
- Do Your best to improve Your own behavior as well. This is as much about Your growth as it is about hers. For example, You should try to stop making her afraid to wake You up. She often puts off waking You up to the last possible minute because she is afraid of Your response, which in turn makes the two of you late for work and You wake up grumpy anyway because You have to rush to get ready, which frustrates You. Instead, try waking with the notion that she is taking time out of her morning to wake You, and say "good morning" back to her. Appreciate that she is willing to do this for You at all, rather than just let You sleep in all day.



The Basics

- · Littles are needy and moody. Be patient.
- She is fairly self-sufficient, but You still need to make an effort to keep up with her school assignments, work progress, chore completion, and points. Not only is this to make sure she isn't cutting corners or cheating, but it is to show that You care and are willing to put the effort into the relationship. The base of this motivation comes from knowing that You will be proud when she succeeds and disappointed when she doesn't; if she sees that You are not or will not check in on her daily activities, or do not have the interest to do so, that motivation is lost and your dynamic crumbles.
- Reassure her that it is okay to cry and that it is nothing she should be ashamed or embarrassed about. Comfort her or give her space as applicable.
- You should not let her go to bed negatively. If shame, guilt, sadness, or anger are the last emotions she feels in her conscious state, it breeds contempt overnight and can significantly damage your relationship.
- Tell her You love her. It may sound simple but it will make her happier than either of you could hope to understand when she hears it.



Punishment Protocol

- Do not shout or swear at her. This is not a punishment and, especially for the emotionally fragile, is borderline abuse.
- Punishment should be carried out with a clear head and a calm demeanor. Do not punish her when You are angry.
- Punishment is about correction, not guilt. You are trying to get her to understand that her actions were wrong, not make her feel as though she herself is bad.
- Do not push her over the edge; the punishment must fit the crime and be adjusted as necessary.
- Safewords are still valid during punishment sessions.
- Safety first. If the punishment gets out of hand and there is a sign of possible or evident serious injury, the session should be stopped and You should seek medical attention immediately, embarrassment aside. You may have some explaining to do to the hospital, authorities, and possibly family and friends, but her physical wellness needs to come before Your pride.



Aftercare: Why Do It?

- Despite the punishment being deserved and justified, it is incredibly physically and mentally taxing on both her and You. It may take a while to hit You, given that you will still be adrenalized from the session and will take longer to drop than she will, but believe me, it WILL hit You. Aftercare is necessary for the two of you to avoid Top/subdrop, or combat it at the very least. It is to show her that You are not aiming to control, manipulate, or abuse her (in ways that were not previously agreed upon) and to show You that she still trusts and loves You and wants to continue in the relationship with You.
- Aftercare should be provided as appropriate. If the punishment was physical, You should have the medical supplies at the ready (Band-Aids, ice packs, soothing lotions, "boo-boo cream"). If the punishment was psychological, You should provide plenty of reassurance and affection.
 - Make sure she understands that she is not bad, but her actions were.
 - Reassure her that You are not angry, and You are happy to be the One to guide her.
 - · Make it clear that You still love her and will always love her no matter what.
 - Reassure her that she is still Your good girl even though You needed to punish her.
- In the event that she was not able to endure the full extent of the punishment You had originally
 planned, You will need to make it clear to her that is okay and that You are happy enough with
 her accepting responsibility for and correcting her behavior.



Examples of Aftercare

- Naptime
 - · in which You will lay, and possibly nap, with her
- Petting or brushing her hair
- Gentle affection with soothing words
 - "You're [my, such a] good girl."
 - · "You did so well."
 - "I'm so proud of you."
 - · "You're so [beautiful, wonderful, precious, etc.]."
- Reading a story of her choice to her
- Kissing marks, bruises, wounds, etc.
- Bundle her up in a blanket with her favorite stuffy and her favorite juice in her favorite sippy or her favorite sucky.

- Holding, cuddling, or coddling
 - Be cautious of smothering
- warm sponge bath
- Massage
- Soothing lotions on bruises/marks
- Medical attention as needed
 - Band-Aids, ice packs, "boo-boo cream", etc.
- Giving a treat
 - Small ice cream
 - Hard candy
 - Favorite juice
 - Cheese & crackers snack
 - PB&J
- Reassurance of safety



Why Praise?

- · Praising Your little reinforces good behavior. If You punish her when she's bad, then You should praise her when she's good.
- · Remind her that You are very proud to be her Daddy, and that someone so beautiful/wonderful *chose* You to be her Daddy.
 - Remember, just because she is a submissive and You are a Dominant does not mean that she has to give You that control or respect. It's still a choice.
- You should occasionally gift her with things that You select and/or pay for. Make sure to explain what they're for and why You're giving/doing this to her. There are many different mediums of praises including:
 - Material rewards
 - Adventures
 - Special Play



Material Rewards

- Stuffed animals
- Figurines
- Fidget toys
- Puzzles
- "Toys"
- Coloring books
- Markers
- · Colored pencils
- Markers
- Colored pencils

- · Gel pens
- Stickers
- Candy
- Crackers
- Grahams
- Ice cream
- Chocolates
- Dark fizzy
- Energy drinks
- Liquor



Adventure

- · Out to eat
 - · Bring quarters if it's Cici's
- Haircut/style
- Spa day
 - Waxing, massage, etc.
- Tygart Lake
- Valley Falls
- Asian Market
 - · Give her a budget

- Movie theater
- Arcade
 - · Give her a budget
- Zoo & Aquarium
 - Plan for BD's afterwards
- Playground
 - After dark to avoid the vanilla public
 - Push her on the swings
- Amusement Park
 - Take a friend so she doesn't have to ride alone



Special Play

- Edging
 - With the vibrator
 - By hand
 - With G-stim
- · Oral
- · Public
 - · In the car
 - · In the woods
 - You'll want to wait for it to get dark before playing these scenes

- Bondage
 - Explore her fantasies
 - E.G: where she is tied, blindfolded, and helpless to Your torment for an extended period of time
 - E.G: tied, blindfolded, gagged, and left alone with a vibrator while You go elsewhere (shopping, hang out with Ash, downstairs to watch a show, take a shower, etc.)
 - These would obviously need a lot of time contributed to them and are scenes best played when you know you'll have plenty of alone time
- She gets to please You
 - You are allowed to ask her to stop and switch the nature of the reward at any time if You become uncomfortable



Control & Responsibilities

Little Bean does not consent for You to have control over:

- Bathroom usage.
- Speech.
- · Movement.
- Sleeping arrangements.
 - · E.G: made to sleep on the floor
- · Who she interacts with.
 - · Both online and RL

Your are responsible for:

- Occupation.
 - Including necessary overtime to cover financial responsibilities
- Proper disbursement of any and all income.
 - From both Yourself and Little Bean
- Ensuring all bills are paid in a timely fashion.
- Scheduling Little Bean's chores, appointments, etc...
- Organizing Playdates.
 - Work with the corresponding Caregiver to arrange for a time and place that would best suite all parties.
- Addition, subtraction, and modification of rules and punishment methods and execution.
 - To be suggested and agreed upon by both parties



Your Rights

- You have the right to call for a hold time (a suspension of power dynamic) at any time and talk with Little Bean as equals, and expect Your feelings and opinions to be heard, acknowledged, and respected.
- You have the right to be Big as much as You need or desire. This isn't something the two of you do only in private and You should be free and comfortable to slip into Big space without worry. There are, of course, situations in which slipping into Big space is not ideal, and You should therefore use Your best judgment.
- You have the right to contact family, friends, other Dominants, kink support groups, and mental and physical health professionals at any time.
- You have the right to contact Little Bean's mental and physical health professionals to inquire about her wellness at any time.

- You have the right to have friendships, hobbies, and social plans that don't include Little Bean. Although not required, You should keep in mind that Little Bean worries about You when You are away, and You should therefore keep her informed on Your whereabouts and who You're with.
- You have the right to make mistakes. The two of you are to communicate, listen, learn, forgive, and move on.
- You have the right to feel insecure about any parts of Yourself, internal or external. You are a handsome and strong King and don't need to feel this way, although Little Bean will understand if You do and will respect those insecurities.
- You have the right to end Playtime whenever You see fit.
 Little Bean understands Playtime is often difficult for You and will respect Your initiative to end Play/Scenes.
- You have the right to deny sensual Play with Little Bean whenever You see fit. You do not need to specify a reason, although You should keep in mind that Little Bean worries about Your emotional stability and wants to help any way she can. You should try to open up to her whenever possible so the two of you can explore ways to strengthen your bond.

