



## GEORGIA RESOURCES

### Georgia Department of Public Health

Programs and services that promote healthy environments and protect public health

- Visit their website: <https://dph.georgia.gov/MCH>
- Visit their Maternal and Child Health Section
  - 2 Peachtree Street NW  
11<sup>th</sup> floor  
Atlanta, GA 30303
- Call their office: 404-657-2850

### United Way of Greater Atlanta

Connects families with community-based resources.

- Visit their website: <https://www.unitedwayatlanta.org/>
- Call their office: 2-1-1 (free and confidential)

### Women, Infants, and Children Program (WIC) of Georgia

WIC serves to protect the health of low-income women who are pregnant or breastfeeding (up to one year) or recently delivered (up to six months), infants and children up to age 5 by providing nutritious foods, information on health eating and referrals to health care.

- Visit their website: <http://dph.georgia.gov/WIC>
- Visit their office
  - 2 Peachtree Street NW  
10<sup>th</sup> floor  
Atlanta, GA 30303
- Call their office: 1-800-228-9173

### Healthy Mothers, Healthy Babies Coalition of Georgia

Helps women, children, and families with access to prenatal and preventative healthcare.

- Visit their website: <http://hmhbga.org/>
- Visit their office
  - 2300 Henderson Mill Road  
Suite 410  
Atlanta, GA 30345
- Call their office: 770-451-0020
- Call for a healthcare referral: 1-800-300-9003

### Bright from the Start

Administers the state's Pre-K program, licenses child care center and home-based child care, federal nutrition programs, and manages Quality Rated, Georgia's community powered child care rating system.

- Visit their website: <http://dec.al.ga.gov/>
- Visit their office
  - 2 Martin Luther King Jr. Drive SE  
754 East Tower  
Atlanta, GA 30334
- Call their office: 404-656-5957

### Babies Can't Wait

Georgia's statewide interagency service delivery system for infants and toddlers with developmental delays or disabilities and their families. BCW is established by Part C of the Individuals with Disabilities Education Act (IDEA) which guarantees all eligible children, regardless of their disability, access to services that will enhance their development.

- Visit their website: <http://dph.georgia.gov/Babies-Cant-Wait>
- Visit their office
  - 2 Peachtree Street NW  
11<sup>th</sup> floor  
Atlanta, GA 30303
- Call their office: 404-657-8224

### Georgia Head Start Association

GHSA works to provide education, leadership and advocacy that supports Head Start programs' efforts in delivering high quality comprehensive services to Georgia' to enhance the capability of local Head Start programs to deliver quality comprehensive services to children and their families.

- Visit their website: <http://georgiaheadstart.org/>
- Visit their office
  - 815 Park North Boulevard  
Clarkston, GA 30021
- Call their office: 404-929-2457

### Great Start Georgia

Great Start Georgia is all about helping parents expecting a baby or families with young children learn about all the services in their community that they can turn to when needed. Everything from how to find a doctor or quality child care, to learning about your child's growth and development. There is also help for parents with more serious concerns like depression, safe and secure housing, and other baby care needs.

- Visit their website: <https://www.greatstartgeorgia.org/home>
- Call their information and referral center: 1-855-707-8277

## Breastfeeding Resource Guide Metro Atlanta Area

Breastfeeding Classes	
<p><b>Northside Hospital</b> Free Online Breastfeeding Course <a href="http://www.northside.com/breastfeeding">http://www.northside.com/breastfeeding</a></p> <p>Group Classes <a href="https://portal.echo-cloud.com/22008portal/classenrollment/SectionListing.aspx?link=21">https://portal.echo-cloud.com/22008portal/classenrollment/SectionListing.aspx?link=21</a></p>	<p><b>Pea Pod Nutrition &amp; Lactation Support</b> 678-607-6052 Atlanta: 1 Baltimore Place NW, Suite 105 Decatur: 235 E. Ponce De Leon Ave, Suite 206</p> <p><a href="http://peapodnutrition.org/events/breastfeedingclasses/">http://peapodnutrition.org/events/breastfeedingclasses/</a></p>
<p><b>DeKalb Medical</b> Dr. Bobbie Bailey Tower, Classroom 3040 2701 North Decatur Road Decatur, GA 30033 770-268-0160 <a href="http://www.dekalbmedical.org/calendar">http://www.dekalbmedical.org/calendar</a></p>	

Support Groups	
<p><b>La Leche League of Georgia</b> <a href="http://www.llofga.org/">http://www.llofga.org/</a></p> <p>Atlanta/Emory – 3<sup>rd</sup> Tues. @ 7:30pm North Decatur Presbyterian Church 611 Medlock Road, Decatur</p> <p>Atlanta/Midtown – 2<sup>nd</sup> Tues. @ noon The Atlanta Birth Center 1 Baltimore Place NW, Suite 105, Atlanta</p>	<p><b>Baby Talk Support Group</b> DeKalb Medical – Dr. Bobbie Bailey Tower, Classroom 3040 2701 North Decatur Road Decatur, GA 30033 info: 404-501-WELL Thursdays, 11am-NOON</p>
<p><b>ROSE's Baby Cafe</b> Reaching Our Sisters Everywhere (ROSE) 3250 Rainbow Dr, Bldg 3, Decatur 404-990-3407 ext. 104</p> <p>Mondays, 1-3pm</p>	<p><b>Mom-Me Connection</b> informal group for breastfeeding moms</p> <p><b>BabiesRUs, North Point</b> 6380 North Point Parkway Learning Center Alpharetta, GA 30020 Wednesdays, 10:30am – 12:00pm</p> <p><b>BabiesRUs, Dunwoody</b> 1155 Mount Vernon Hwy. Dunwoody, GA 30338 Tuesdays, 10:30 a.m.</p>

<b>Support Groups</b>	
<p><b>Pea Pod Nutrition &amp; Lactation Support with DeKalb County Board of Health</b>            678-607-6052            Decatur: 235 E. Ponce De Leon Ave, Suite 206            Once a month</p>	<p><b>Breastfeed Atlanta – Lactation Lounge</b>            575 Boulevard SE, Unit #2A            404-454-9715  <a href="http://breastfeedatlantallc.com">http://breastfeedatlantallc.com</a></p> <p>Sundays, 2pm            Thursdays, noon</p>
<p><b>Grady Health</b>            The Lactation Club            Grady Hospital – 80 Jesse Hill Jr Drive SE            2<sup>nd</sup> floor, Centering Classroom (2G062)            404-616-2229            2<sup>nd</sup> &amp; 4<sup>th</sup> Fridays @ 11am</p>	<p><b>Piedmont Atlanta Hospital</b>            Milk n’ Cookies Club            Piedmont Hospital, Labor &amp; Delivery waiting area            404-605-2113            1<sup>st</sup> Mondays @ 2pm</p>

<b>Professional Support</b>	
<p><b>Atlanta Breastfeeding Consultants</b>            5252 Roswell Road, Suite 200, Atlanta            (inside <i>KidsTime</i> Pediatrics)            404-590-MILK (6455)  <a href="http://www.atlantabreastfeedingconsultants.com/">http://www.atlantabreastfeedingconsultants.com/</a></p>	<p><b>Lactation Consultants of Atlanta</b>            2024 Powers Ferry Rd., Suite 201, Atlanta            770-644-0555  <a href="http://breastfeedingatlanta.com/">http://breastfeedingatlanta.com/</a></p>
<p><b>Breastfeed Atlanta</b>            575 Boulevard SE, Unit #2A            404-454-9715  <a href="http://breastfeedatlantallc.com">http://breastfeedatlantallc.com</a></p>	

<b>Breast Pumps</b>	
<p><b>Lactation Consultants of Atlanta</b>            rental &amp; sales, by appointment            2024 Powers Ferry Rd., Suite 201, Atlanta            770-644-0555  <a href="http://breastfeedingatlanta.com/">http://breastfeedingatlanta.com/</a></p>	<p><b>Breastfeed Atlanta – rentals</b>            575 Boulevard SE, Unit #2A            404-454-9715  <a href="http://breastfeedatlantallc.com/hospital-grade-breast-pump-rental">http://breastfeedatlantallc.com/hospital-grade-breast-pump-rental</a></p>

<b>Women, Infant and Children's Supplemental Nutrition Program</b> 1-800-228-9173			
<b>County</b>	<b>City</b>	<b>Locations</b>	<b>Phone Number</b>
DeKalb	Decatur Decatur Chamblee Lithonia Tucker	440 Winn Way 3110 Clifton Springs Road, Suite D 3807 Clairmont Road NE 2277 S. Stone Mountain-Lithonia Road 4394 Hugh Howell Road, Suite 1&2	Call 404-408-7777 to schedule appointment
Fulton	Atlanta Atlanta Atlanta Atlanta Alpharetta Roswell College Park	2805 Metropolitan Parkway SW 3700 Martin Luther King JR. Drive SW 186 Sunset Avenue NW 265 Boulevard Northeast 3155 Royal Drive, Building 400, Suite 125 7741 Roswell Road 1920 John Wesley Avenue	Call 404-612-3942 to schedule appointment
WIC Breastfeeding services are only available to families that qualify. For eligibility requirements go to <a href="http://dph.georgia.gov/wic-eligibility-assessment">http://dph.georgia.gov/wic-eligibility-assessment</a> . Contact your local office for information regarding the breastfeeding coordinator and Peer Counselor program in your area.			

## Websites for Breastfeeding Support and Information

Dr. William Sear, MD, Pediatrician & Martha Sears, RN, IBCLC  
askdrsears.com (<http://www.askdrsears.com/>)

Dr. Jack Newman, MD, Pediatrician  
drjacknewman.com (<http://www.breastfeedinginc.ca/>)  
For videos, click on "breastfeeding help", then "video clips"

La Leche League International  
lilli.org/webus.html (<http://www.lilli.org/webus.html>)

La Leche league of Georgia  
llofga.org (<http://www.llofga.org/>)

Diana West, IBCLC: Breastfeeding After Reduction  
Surgery bfar.org (<http://bfar.org/index.shtml>)

Cindy Curtis, RN and IBCLC  
breastfeedingonline.com (<http://breastfeedingonline.com/>)  
For videos, click on "Jack Newman Articles", then the projector images

US Department of Health and Human Services  
womenshealth.gov/breastfeeding (<http://www.womenshealth.gov/breastfeeding/>)

Timea Szalay, CLE and Doula  
gentlemothering.ca (<http://www.wholisticwellness.ca>)