

DAILY PLANNER

MEALS:

BREAKFAST

LUNCH

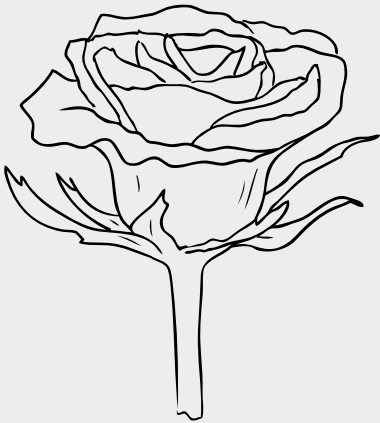
DINNER

PRIORITIES

APPOINTMENTS

TO DO

WATER



*'With the new
day comes new
strength and
new thoughts.'
E. Roosevelt*

NOTES

THINGS TO BUY
