

Breast Augmentation Gwalior – Dr Navdeep Chavan

Breast augmentation (Breast Implant)

Breast augmentation is the medical name for a ‘boob job’. It means increasing the size of the breasts with a medical implant. This implant is usually made of silicone and is inserted into the breast via an incision in the crease underneath the breasts. These implants are a silicone shell filled with silicone gel or saline solution. The insertion and type of implant will depend on your body type, personal preference and your surgeon’s advice. You will be given a general anesthetic and the implants will be inserted via the incisions made in the creases underneath the breasts. Other options include the armpits or near the areola (the circular area around the nipple). Your surgeon will then close the incisions with ordinary or dissolvable stitches. These are then taped for extra support and a light bandage will be applied.

Breast reduction surgery

This is the name given to the procedure to reduce the size of the breasts. Large breasts may sound attractive but the reality can be anything but attractive! This procedure is also known as ‘mammoplasty’. Many women find that large, heavy breasts can cause backache and other physical problems. There are psychological issues as well which include a lack of self-confidence and self-esteem. Some women find that they are subject to unwanted attention or comments about their appearance. The surgery itself involves removing breast tissue, fat and skin. The remaining underlying tissues and nipples are then moved to a higher location. The skin from both sides of each breast is moved down and around the areola. This gives the breast a new smaller contour. There are several breast reduction techniques which all help to reshape the breasts. Breast reduction is often performed as part of breast asymmetry surgery.

Breast lifts — Mastopexy or breast lift

Surgery refers to a group of elective surgical operations designed to lift or change the shape of a person’s breasts. Mastopexy may involve repositioning the areola and nipple, as well as lifting the breast tissue and removing skin. Mastopexy may be performed alone, or in combination with placement of breast implants.

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