

Analyzing Past Experiences

Think about your key experiences, what did you learn?

Working with Others What did you learn about working and interacting with others?	Skills and Capabilities What skills, knowledge, and capabilities did you build?	About Industry What did you learn about your industry?
Most Difficult What was the most difficult thing that happened?	Most Enjoyable What was most enjoyable from these experiences?	Other People What did you learn about other people, whether it's about specific individuals or people in general?
Wisdom What must be remembered from these experiences and/or shared with others?	Do Differently If faced with a similar situation, what would you do differently?	About Self What did you learn about yourself?