

CIPRIAN PACURAR



JOY

ORIGINS

SERIES
INTRODUCTION

JOY Origins by Ciprian Pacurar

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Media Publishing

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Dedication

I dedicate this whole series to the Creator of the universe—the wondrous Spirit who gives life to every living soul, creates beautiful realities for us to enjoy and brings the greatest gifts to those who ask for them in love and faith.

This guide was written for you, the honest researcher of happiness. I believe that this series will help you tremendously on your journey, and I wish you abundant joy and endless blessings on your road ahead!

Cheers, my friend. The best is yet to come!

Ciprian

YOUR BIRTHRIGHT

We'll start this introduction with a statement that you should always remember (and never forget):

You were born to be happy!

Yes, my friend, this is the real reason you live on this earth. Happiness is your *birthright*. It is also your *natural state* of being. You received this gift from the moment you were conceived, and you are meant to express it fully each and every day of your life.

In our times, many believe that happiness is difficult to find. Maybe a few privileged ones can be happy, but most people have to struggle—they have no other choice but live in pain, suffering, and misery. Please, do not accept this fallacy, this defeating mindset about life, because it is a lie.

Every man, woman, and child on this earth has the fundamental right to be happy—including you! You were born for a purpose greater than surviving. Your calling is to enjoy life to the fullest, constantly exploring its new horizons and amazing creative possibilities.

My friend, it is time to wake up! You need to remember *who you really are*. You are a son or daughter of the Almighty Creator, and you have within you a spark of infinity coming from the Spirit that made the heaven and the earth. Awaken to your true nature, which is spiritual in essence, because that is where your happiness resides.

Perhaps it is difficult for you to accept the fact that happiness is your nature. If so, you may be affected by negative beliefs that keep you blindfolded. With this gloomy blindfold on you cannot see the opportunities that you have at your fingertips to make your life more joyful and fulfilling. *Take the blindfold off and embrace a happier life!*

Since happiness is your true nature, you need not learn it, chase it, conquer it, or work hard for it. It is already part of who you are. Instead, you need to let go of whatever restricts your inner freedom and suffocates your joy. Acknowledge the fears and desires that come from your environment and hold you prisoner in their invisible cage, keeping you unhappy and unfulfilled. *It's time to break that cage!*

Child of God, you are a living soul gifted with unique qualities and talents. When you embrace your true nature and begin to express yourself freely, using your gifts with love in the service of others, life begins to smile on you and the world around you changes for the better.

To live a truly joyful and fulfilling life, you need to remember a few essential principles that are already planted like seeds within your soul. You were born with them and always had them in you, but it is possible that the environment that you live in has kept you oblivious to them.

As you become aware of these principles once again and let them work in you and through you, they will transform you. Eventually, they will also change your life, making it the joyful, inspiring, and miraculous experience that you were always meant to live.

This e-book series is a map—a GPS, if you will—that shows you the simplest, fastest, and safest ways to find authentic happiness on your journey. As you increase your proficiency in using this navigation system, your joy will constantly expand.

Therefore, no matter how happy you are right now, prepare yourself for more!

In my search for happiness, I have had the privilege of meeting wonderful people who are genuinely happy and capable of maintaining a consistently positive outlook on life. Their presence is quickly noticed and their attitude is contagious. Like light shining in the darkness, they have a gift for uplifting the spirit, bringing a blossom of smiles around them.

Many of these happy souls are children. Being free of inner blockages, they have the enthusiasm that allows them to live with an innocent sense of wonder every day. There are also adults with a similar disposition, who are capable of keeping a positive attitude even when major challenges strike their lives. Regardless of their age, the question remains:

What is the secret that the happy people possess? And, if you knew their secret, would you want to apply it in your life and be happy like they are?

If your answer is yes, I invite you to keep reading. You will find the clues that you are looking for throughout the entire JOY Series.

ABOUT THE AUTHOR

At this point, you may want to know more about the man behind the book. Who is the author of JOY and what is he up to?

In my own words, I will share with you a few things about me. First of all, I'm a simple guy who, just like you, have experienced many ups and downs in life, going through failures and successes, through times of laughter and through times of pain.

I was born in Romania during the communist regime and I grew up there, knowing poverty, restrictions, and limited resources. Even so, my childhood was quite happy and carefree, thanks to my parents to made great efforts to raise me and my younger brother well.

Then, in college, I went through an experience that made me hit the bottom and triggered my official quest for happiness. Right after college I decided to move to the United States and start a new life. It was tough at first, but then I got married, built my own business, and traveled around the world. For a few good years, I experienced abundance and freedom like never before.

But then tough times came again. I went through a divorce, struggled with my business during the major real estate crash of 2007-2008, and I was also in a spiritual crisis.

Paradoxically, this became the best time of my life in terms of finding the essential keys to happiness.

My discoveries changed me profoundly as a person. From being depressed a lot, I became happy on a regular basis, even in my latest difficult times.

This transformation did not happen overnight, though. It evolved during a long process of almost *twenty years* of personal research and experimentation. Since college, I constantly studied and tested a variety of tools until I discovered, much later, the most effective *method to be happy*.

I will share this method with you shortly—this is the reason I wrote this guide—but first I should give you a better synopsis of the journey that led me to write this entire JOY Series.

MY JOURNEY

My quest for joy started in difficult times. In my college years, the world seemed to crumble around me, as I was going through a series of painful experiences, suffering failures and losses on multiple levels.

First I lost my girlfriend, a real sweetheart, because I was too impatient to deal with certain challenges that we were facing. Then, although a good student, I was deeply emotionally troubled and I started failing exams. My self-confidence crashed, but there was more doo-doo coming. At the time, I was also involved in a multi-level marketing business and I lost a lot of money when I learned that the product that I was trying to sell was a scam. I couldn't do it anymore, but the money that I invested in this business was borrowed and I had to return it to the lender as soon as possible. I started selling products door-to-door to make that money, because I didn't want to tell my parents about my failure. To top it off, my childhood bronchitis came back right then—a very bad time to get sick.

All of these problems combined led me to depression. I felt very low then, so low that I considered taking the 'easy' way out to escape the pain. I had suicidal thoughts.

Fortunately, my background education did not allow me to follow that road, and now I'm glad I didn't. I must tell you, the fact that I'm still alive today brings a lot of joy to my heart. On the one hand, I am grateful that I was given new opportunities to live my life to the fullest and to have quite an exciting journey ahead. On the other hand, I am thankful that I am able to share something useful with you—the lessons that I've been learning ever since.

Looking back at those times, I can see the benefits of my painful experience.

The desperation and turmoil that I felt then struck something powerful within me—the burning desire to find *the way* to a happy life. It motivated me greatly throughout the following years, giving me the determination and persistence to pursue what I was looking for until I found it.

*For nearly two decades, I've explored the subject of **happiness** passionately and systematically, from many different angles, looking for the most effective tools that would allow me to live a truly happy life.*

Phase 1: Success

In the first stage, I studied a great deal of material about success, digging through countless books and articles on this matter. In our society, happiness is usually associated with success, which is understood in its external forms—wealth, fame, power, and the pleasures of life. In the following years, though, as my research deepened, I discovered facts that seriously challenged these socially accepted preconceptions about happiness.

While studying the biographies of successful people, I found out—with surprise, I must say—that many of them are unhappy in real life. How is this possible? Why do many actors, music stars, athletes, politicians, and business people turn to alcohol, drugs, anti-

depressants, and sleeping pills, all after gaining the grand success they once wanted? Although they have money, fame, and access to the finest forms of pleasure and entertainment on earth, they are not truly happy. They still feel unfulfilled, and some end up in misery or die as a result of drug overdose.

Elvis Presley, Marilyn Monroe, and Howard Hughes are just a few examples of such celebrities, but you probably know of many others. The media is transparent enough these days for us to read about their lives and learn from their experiences.

A life example that I find truly iconic in this regard is that of King Solomon. This man was the wealthiest and most influential ruler of Israel, surpassing even his father, King David, in greatness. Solomon was loved by God and by the people. He was gifted with wisdom and power so that kings and queens from around the world would come to pay homage to him and to listen to his words. He had peace and prosperity over his lands, and great political influence in the international arena. He had hundreds of wives and concubines to fulfill his intimate pleasures, and countless servants and soldiers to follow his commands.

Overall, King Solomon had everything a human heart could wish for in exceeding abundance!

In the later years of his life, though, he wrote a final testimony of wisdom—the book of Ecclesiastes—which starts with the following words: “*Vanity of vanities, all is vanity!*” He expresses here the sense of emptiness that one can experience within, in spite of

the outer grandeur of life. Isn't it interesting to hear such words from the man who knew 'success' more abundantly than any of us?

Slapped in the face by these facts, I had to conclude that 'success' as we know it is not synonymous with happiness and does not necessarily lead to it.

Phase 2: Psychology

The realization that external success is not the key to happiness marked the first turning point in my research. Thus, for the years to come, my exploration shifted towards the vast field of psychology, extending into psychiatry.

Learning about how the conscious and the subconscious mind works is quite fascinating. The brain is an incredible creative tool, but is nevertheless tricky to master. We use only a small percentage of our brain, and the key to unlocking our full potential is hidden in our subconscious mind. Here, we deposit the memories of our life experiences, including the traumas from our past and their emotional impact on us. These subconscious factors dictate, in subtle ways, our beliefs, habits, and the way we live our life. They affect the choices we make every day. Yet, through the science of *neuro-linguistic programming*, we can unlock new area of our brain, renew our beliefs, change our habits, and transform our life.

Psychology helped me to dig into the depths of my mind, to discover some of my damaging beliefs and habits, and to begin changing them for the better.

Phase 3: Spirituality

At this point, though, a part of me was yearning for something else even more profound. This led me to another turning point in my research, when I developed a great interest for spirituality.

I began studying the sacred scriptures of the largest and most popular religions of the world. I found them somewhat challenging to understand, but in time my mind and heart opened up and I felt captivated by them. They are truly insightful and teach great lessons about life and character-building.

I also discovered that, behind these teachings, there is a golden thread that connects all of them—a *set of moral principles and profound values that have universal attributes*. They were given to us by some of the brightest and wisest people who walked the face of the earth, to help us live a happier life. These teachings became a great source of inspiration for me.

Things started to make a lot more sense at this point. Many pieces of the puzzle were on the table, but they were still chaotic in my world. I needed to find a better way to organize these values and tools.

Phase 4: Insight

What I really wanted was a map—a clear Map to Happiness—a system made of bulletproof principles that I could use on a daily basis to be happy all the time.

To this end, I began praying and meditating a lot. This was the final turning point in my research. I developed a consistent introspective practice, which brought me a lot of peace, deeper insight, and a wealth of inspiring ideas which I started to write down in a journal.

During this last episode of my quest, I felt much happier. I also noticed that my burning desire to find the ultimate clue—The Map— was slowly dissipating.

To my surprise, The Answer came to me when I had almost given up looking for it. And when it came, it hit me like a lightning bolt, in the form of a vision, shaking the foundations of my soul.

THE VISION

In the spring of 2010 I was visiting Yosemite, a beautiful national park that I love, located in the heart of California. The weather was warm and pleasant, the sun was bright, and the canyon was bursting with awesomeness.

From the sheer walls of granite, waterfalls were shooting everywhere, swollen by the abundant snow of Winter. The valley floor, saturated with water, was covered with curling ferns, succulent grasses and patches of flowers, bringing life to the whole landscape. Everywhere, birds chirping, butterflies flapping their paper wings, and bees looking for nectar. The sights were exquisite in every direction, and I felt really happy to be there.

There were many people in the park at this time of the year, enjoying nature at its best. I joined them, and for the first three days I enthusiastically did a great deal of hiking until I was aching everywhere.

I then decided to take a day off and rest. It was the 20th of May 2010, a day I will never forget. In the morning I drove to Sentinel Bridge, a charming place from which one could see Half Dome and Yosemite Falls very clearly. I took my folding chair out, planted it on the grass next to a trail, and dove into it in sweet laziness. Oh, life was so good right then!

While sipping a glass of wine, I was contemplating the stunning landscape that was spread before my eyes and I suddenly entered a different state of consciousness. Was it the effect of the wine? Well, a tiny glass of wine cannot get me that far, but it may have facilitated the spiritual experience that followed. I will attempt to share it with you, although the words

seem lacking in eloquence when compared to the experience itself.

Yosemite Falls was mesmerizing: beautiful and powerful at the same time. The water seemed to shoot directly from the sky, shattering into millions of liquid crystals over the unyielding walls of granite with a thundering sound effect. I couldn't stop staring at it.

As I was looking at the show that nature put on, something interesting happened to me. Time stopped—and in that moment I merged with the landscape. Yosemite became one with me and I became one with Yosemite. It felt as if the walls of granite were one with my spine, and the waterfall was gushing from my chest. I could sense this unity in every cell of my being in an unusual, yet pleasant and powerful way.

To sharpen the awareness of this experience I closed my eyes—but then the landscape changed. Suddenly I was in a different world, floating in an ocean of liquid gold. All around me, as far as I could see, the space was filled with brilliant golden light, flowing like rivers of glowing lava in every direction. This light was not like the light we get from the sun. It had more consistency and a certain level of viscosity. It looked and felt almost like honey, but it was brighter, more ethereal, and had flakes of gold glittering through it. I could taste this light, too. It had the flavor of milk and honey, only much better.

Yet the best part of this experience was not what I was seeing or tasting, but the state of being that came with it. I can't fully describe it, but it was extraordinary, out of this world. It was an unbearable sensation of Perfect Happiness!

In this state of bliss, I noticed the golden light revealing the shape of a tree, as seen from above. The branches were expanding from the epicenter in every direction, moving in a fluid motion as if they were alive. They were made of the same golden light that was floating all around me. I tried to focus my attention on this tree in order to catch more details, but then the vision disappeared as abruptly as it came.

At this point, a second wave of joy hit me, as I suddenly realized what the vision was about. I rose to my feet, hands in the air, with a shout of victory in my chest; “Yes, this is it! This is the Map of Happiness I’ve been looking for!” I was on top of the world, happy beyond words, my chest filled with a profound sense of gratitude, and the corners of my mouth stretched all the way to my ears, in what must have been the largest smile I’ve ever had.

Later on, when that incredible excitement settled down a bit, I walked to my car, grabbed a pen and a sheet of paper, and quickly sketched my impressions. Right then, I knew that my vision would eventually become a book.

Looking back at this experience, I wonder if other people who search for something important and finally find it feel the way that I felt. For example, was Newton exhilarated when the apple fell on his head and led him to the theory of gravitation? What about Einstein, when he figured out that time and space are relative? How about Archimedes, when he discovered the principle of floating bodies in physics?

I wouldn’t dare compare myself to such great people, but I use these examples because they are historically well known. How happy were they in their moments of

revelation? We don't know for certain. These are personal experiences known only by these historical figures. In the last case, however, we have some piquant details that give us an idea about the intensity of such an experience. I will share them with you, as they are rather entertaining.

The story is told that, when Archimedes made his popular discovery known today as the Archimedes Law, he was seen running naked in the streets screaming out loud "*Eureka!*" ("*I have found it!*" in Greek).

Can you imagine the scene? Archimedes—the great mathematician of ancient Greece, known in the courts of the king as a brilliant scientist and inventor—there he was one day, running in the streets of Syracuse like a newborn baby, butt naked, hands in the air, dangling his future generations in front of everyone, and screaming over and over again "*Eureka! Eureka!*" He must have made quite an impression on those who knew him, and even on those who did not.

In Archimedes' defense, let us explore what course of events took him here. All this came about as the king received a new crown and commissioned our scientist to determine whether or not it was made of pure gold. This would have been an easy task, but the king restricted Archimedes from scratching or drilling the crown, which left Archimedes unable to take any samples from it. This is what made his job much more challenging—not to mention that his own reputation (and head) were at stake.

On that historical day, our scientist was taking a bath. Deep in thought, he was playing with a little boat in the tub, wondering what makes certain objects to float and others to sink. It was at this moment that inspiration struck him.

He realized that, by immersing the crown in the water, he could detect its volume. The water would rise in the tub and show the exact volume displaced by the crown. By measuring the weight of the crown, he could then determine whether or not gold or other materials were used, since each metal has a different density. The royal metal is the heaviest, while lead and other alloys would make the crown lighter.

In that moment Archimedes became so excited by his discovery, that he felt the overwhelming need to share the joy with everyone right away. In his rush to do so, he forgot a small detail on his way out.

Let us forgive him though for this spur-of-the-moment display of nudity. After all, who can remember something as insignificant as clothes in such glorious moments of discovery?

*

When the golden vision came over me, I'm glad that nobody suffered a heart attack in Yosemite that day on my account. I didn't find myself running naked through the park, but I can tell you that in those moments I wanted to hug everyone around me and share with them my blissful experience.

Right then, the idea of writing a book felt like the most natural thing to do, the best plan of action to follow. In the next weeks, though, doubts overtook me. I kept telling myself that my efforts would be worthless, so I left the project floating in uncertainty for many months, looking for excuses not to do it. However, what needs to be done persists in calling us to it, and we are not at peace until we bring it to fruition.

In the spring of the next year I was in La Jolla Cove, my favorite place in San Diego, in a hidden garden above the Pacific Ocean. This is a meditation spot

where I like to go often and relax. While doing so on one occasion, a powerful wind of inspiration visited me all of a sudden. I drew the tree from my golden vision on a sheet of paper, and between the branches I found the perfect place for the most relevant principles of happiness that I already knew. The puzzle was suddenly complete. The Map of Happiness was ready!

Now my task was to test it. I did, and it worked beautifully. It was so effective that, in the shortest period of time, it allowed me to maintain a consistent level of joy in spite of the difficulties I was still experiencing in my life.

I began sharing bits and pieces of the Map with my friends. Every time I did it, I felt happier for no particular reason. I'm sure that it was the joy of sharing, and the best part was to find out that the tools I offered worked for my friends, too.

This was the final jolt I needed. I became fully aware that, through a book, I can share this system—The Map of Happiness—more effectively with people, allowing JOY to spread and touch many lives.

With this firm conviction, I launched myself into the project and wrote the book. It took me years to refine it, but now it's ready. The book is finally in your hands, where it belongs.

WHEELS OF TIME

After drawing the Map of Happiness on paper, I realized how much it resembles a set of wheels, so I ended up calling it *The Wheels of Happy Time*.

The Wheels have the same center of gravitation, but each one corresponds to a different cycle of time and uses different tools. The tools are designed to improve important aspects of your life. They are simple yet effective, and you only need a few minutes every day to apply them and get results.



Fig.1. *The Wheels of Happy Time*

As you can see above, there are *Six Wheels of Time*:

- The *Now Wheel* (1 Tool)
- The *Daily Wheel* (3 Tools)
- The *Weekly Wheel* (7 Tools)
- The *Power Wheel* (12 Tools)
- The *Monthly Wheel* (30 Tools)
- And the *Yearly Wheel* (365 Tools)

Each wheel is built on top of the previous one, creating a snowball effect that expands your joy. To help you use the tools with ease, each wheel is discussed in a separate e-book. This way you can focus your full attention on the best ways to maximize your joy in a particular cycle of time.

The Now Wheel (1 Tool):

The first book of the *JOY* series brings you *The Rock*, the solid foundation upon which you can build a truly happy life. Use it now and it will bring you instant joy. Use it persistently and it will make your joy endure. This principle transcends time and space. You can also combine it with the greatest forces of transformation presented in the last part of this volume, and you can make every single moment of your life quite amazing.

The Daily Wheel (3 Tools):

In the second book you will discover *The Three Pillars of Happiness*. These principles bring you stability. They give you a greater sense of clarity and purpose in everything that you do. They turn your past, present, and future into your sources of inspiration and strength.

They also maximize your joy by giving it consistency and a steady flow throughout the day.

The Weekly Wheel (7 Tools):

The third book brings you *Seven Habits That Will Keep You Happy All Your Life*. These habits are important in the long-run. They give your joy resilience, allowing you to root it deeply in your life. They will make you less vulnerable to the whims of the world and allow you accomplish greater things on your journey—the things that are truly essential for your happiness. To help you instill these living principles into your everyday life, you are invited to dedicate your full attention to working on a single habit during each day of the week. Repeat this cycle every week and the results will continually improve.

The Power Wheel (12 Tools):

The fourth book gives you with *Twelve Power-Tools for Tougher Times*. When life hits hard, which is unavoidable sometimes, you need a different approach to deal with such challenges and still be happy. These tools are striking and potent. They may take you out of your comfort zone and push you forward, leading you to a better place in life. This is where you really grow up—where the boy becomes a man and the girl becomes a woman—in the spiritual sense of the word. These are the tools that heroes use. With their help, you can turn any breakdown into a breakthrough. Armed with them, you can go through the fires of trials, come out of them victorious, and be the most amazing human being than you can be.

The Monthly Wheel (30 Tools):

The fifth book of this series brings you *Thirty Ways to Change Your Life in Thirty Days*. It is time for dessert! Using these tools is like eating a different slice of cake each day of the month—only this is a cake that cannot be consumed, and the more you eat from it the better it becomes. These tools are about applying common sense and practical wisdom to your everyday life. They create a flow throughout the month. As you advance from one tool to the next each day, you will have the opportunity to improve certain habits, increase the joy that comes from them, and improve your life as a result.

The Yearly Wheel (365 Tools):

The sixth book brings you *365 Reasons to Smile*. Each day of the year you will be provided with a quotation, a reminder, or a short story to meditate upon. Discover pearls of wisdom and inspiration from around the world and from within your world. They will take away the frown from your face and replace it with smiles, laughter, and an upbeat spirit.

The six books above create the “*Wheels of Time*” collection—the first collection of the “JOY” Series. However, JOY doesn’t stop here. Expect new volumes down the road that will charge you with the unbreakable power of a joyful spirit, bringing you practical ways to improve your health, wealth, success, intimate life, and more.

USER TIPS

“We are what we repeatedly do. Excellence, then, is not an act, but a habit.” Aristotle

We are indeed creatures of habit, for everything that we are great at is developed through persistent practice. Your *happiness* works the same way. It is not a random state of being that comes and goes whenever it pleases, but an attitude that you can choose and develop constantly. The more you practice it, the more exceptional and lasting it becomes.

The good news is that *The Wheels* make your practice easy. Because the tools are neatly organized into a circular formation, repetition becomes a breeze. As you go through these cycles, you strengthen the essential habits that keep you happy.

You will notice that some tools work better for you than others. Use them accordingly, but keep in mind that your joy will expand more if you apply all of the tools. You can do this in the systematic manner suggested in this guide, or you may choose a less organized approach if it better suits your spontaneous nature.

Imagine the *Wheels of Happy Time* being the layers of a delicious cake. They are meant to be eaten and enjoyed; but if you eat them too fast, you might encounter mental and emotional indigestion. Your subconscious mind needs time to adjust to this food for the soul and to assimilate it properly, or else it may reject it. For best results, eat one slice of cake at a time and allow it to be absorbed by your system. This way your joy will grow steadily, in a consistent flow.

If you rush to finish this guide and then throw it aside, none of it will stick with you for long. So keep the guide handy and use its tools often—every day, if possible. Even after you integrate these principles in your life, you can keep the guide at hand and look through it every now and then for refreshment. You can always take your joy to the next level, even when you are already happy.

The principles of happiness appeared in my vision made of gold; and they are gold indeed, only a finer kind that vibrates on the frequencies of the soul. The golden light is known to be a symbol for wisdom and spiritual growth, now yours to embrace. Bring these living principles like nuggets of gold into the vaults of your heart and they will make you rich in greater ways than physical gold can.

What motivated me to write this book is a genuine desire to help you live a happier life. I find joy in sharing these tools with you so that you may benefit from them as much as I have—or perhaps even more.

If *The Wheels* are working in your life, expanding your joy, I would love to hear the good news from you. Please share with me your results and what helped you the most. This will allow me to improve the tools and to make them even more effective for those who are in need of them. It's what I live for!

My dream is to see happiness spreading like a 'virus' around the world, bringing brightness and lightness into the lives of many. Would you like to become part of this vision?

You can help make this dream come true by becoming yourself a bright and joyful soul who is in love with life. Furthermore, you can share the tools that you find the most relevant, making a positive impact in other people's lives. Let your joy be contagious and touch your loved ones and all the people around you. Fill your world with smiles and laughter. It is a privilege you are entitled to. It is, in fact, the normal way to live your life.

*And now let's dig in and let the fun begin!
It's time to take the wheels for a joyful spin.*

If you haven't done it already,

Join the
[Joy Miracles Club](#)

*And get free tips, insights, and motivating stories that
will inspire you to grow happier every day!*

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JOY

WHEELS
OF
TIME

MAKE EVERY MOMENT COUNT * THE JOURNEY OF A LIFETIME

“Wheels of Time”
Collection

Book 1	JOY The Rock	<i>To Build Your Life Upon</i>
Book 2	JOY 3 Steps	<i>To Happiness</i>
Book 3	JOY 7 Habits	<i>That Will Keep You Happy All Your Life</i>
Book 4	JOY 12 Tools	<i>To Turn Tough Times Into Your Best Times</i>
Book 5	JOY 30 Ways	<i>To Change Your Life In Thirty Days</i>
Book 6	JOY 365	<i>Daily Tips To Keep You Jolly All Year Long</i>

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JOY

I AM

BLESSED

LIVE A DEEPLY FULFILLING LIFE!

“I Am Blessed”
Collection

Book 1	JOY and Health	<i>Heal Fast * Live Well Stay Young Forever</i>
Book 2	JOY and Wealth	<i>The Cheerful Way To Grow Rich</i>
Book 3	JOY and Success	<i>Find Your Life Calling Fulfill Your Destiny</i>
Book 4	JOY Incorporated	<i>Fun Ways To Make Your Business Thrive</i>
Book 5	JOY In Two	<i>Find Your Soul Mate Cherish Life Together</i>
Book 6	JOY and Sex	<i>Make Love and Find Bliss 101 Ways To Enjoy It</i>
Book 7	JOY and Children	<i>How To Raise Them Happy Healthy And Amazing</i>
Book 8	JOY and Homes	<i>Best Ways To Build Yours Green * Low Cost * Strong</i>

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JOY

X FILES

FREE YOUR SOUL * KILL THE BEAST

**“X Files”
Collection**

Book 1 **JOY beyond Fears** *Free Your Soul of Phobias*

Book 2 **JOY beyond Hate** *Free Your Soul of Resentments*

Book 3 **JOY beyond Vices** *Free Your Soul of Addictions*

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JOY

MIRACLES

MAKE LIFE EXTRAORDINAIRE!

“Miracles”
Collection