



# Youthpass

## EUROPEAN VOLUNTARY SERVICE

**Marietta Balázs**

BORN ON **05/08/1994** IN **Balassagyarmat, Hungary**

PARTICIPATED AS A VOLUNTEER IN THE PROJECT

**YELLO: Your E+ Lifetime Learning Opportunity**

IN THE RECEIVING ORGANISATION **Agora Aveiro -  
association for promotion of an active citizenship.**

THE PROJECT TOOK PLACE FROM **03/09/2017**  
TO **04/01/2018** IN **Aveiro, Portugal.**

## EUROPEAN VOLUNTARY SERVICE

The aim of European Voluntary Service in Erasmus+ is to develop solidarity and promote active citizenship of young people. During their stay of up to 12 months in the receiving country, young people contribute to social cohesion and considerably enhance their personal, professional and intercultural competences.

European Voluntary Service is normally carried out in partnerships between young volunteers, organisations in their country of residence and organisations in a receiving country.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



**André Cester Costa**

Representative of the organisation

The ID of this certificate is Y18D-UGG7-HPQA-BYGF.  
If you want to verify the ID, please go to the web site of Youthpass:  
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



## Youthpass

With this document we certify that **Marietta Balázs** spent her European Voluntary Service in the project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** with the organisation **Agora Aveiro - association for promotion of an active citizenship**.

### The role and tasks of Marietta Balázs were:

- Supporting Agoraveiro with in management related tasks
- Working with Erasmus+ projects: writing applications, preparing learning events and programs, providing support in visibility and dissemination
- Organizing English-language quiz events for the local community (organizing the event, finding sponsors, creating the questions, hosting the event)
- Organizing Language Exchange Meetings for the local community
- Creating media material and organizing social media campaigns

### Marietta Balázs took part in the following training activities:

EVS On-Arrival Training: Guimarães, Portugal - 09-14.10.2017

### The receiving organisation **Agora Aveiro - association for promotion of an active citizenship** offers the following:

Agoraveiro is a non-profit and non-governmental, private NGO, founded under the Portuguese law, by a group of young professionals in May 2010 in Aveiro.

Agora Aveiro's main field of activities is promotion of an active citizenship, inclusion, raising awareness about different causes and healthy lifestyles.

The sending organisation of **Marietta Balázs** was **Egyesek Youth Association** from **Budapest (Hungary)**.



Aveiro, 13/03/2018

**Nataša Gološin**

Person in charge of the project



## Youthpass

**Marietta Balázs** participated in the European Voluntary Service project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** between **03/09/2017** and **04/01/2018**.

The following summary of **Marietta Balázs's** learning outcome is the result of an ongoing dialogue process between **Marietta Balázs** and her mentor **Diogo Branco Cardoso** during the whole activity.

The following description of learning outcomes is a reflection related to the Key Competences for Lifelong Learning recommended by the European Parliament and the Council in December 2006.

### COMMUNICATION IN MOTHER TONGUE

She reflected on her own mother tongue through using English, a Germanic and Portuguese, a Romance language at the same time. She has now a better understanding of language patterns and special characteristics.

### COMMUNICATION IN FOREIGN LANGUAGES

She has improved her Portuguese language skills, especially in listening and reading comprehension. Now she is able to understand every day conversations, written texts, and she is able to express herself on a basic level in both written and spoken form.

English was the main language of communication used and she was fluent already. She has learned to adjust her English according to the level of her conversational partner. She has practiced writing different types of text, peer reviewing them and polishing them to the best form possible.

She also improved her non-verbal and intercultural communication.

### MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

She practiced mathematical skills on a daily basis by using a different currency, setting up budget and checking balances. She learned about and used several financial applications which she also introduced to her peers for a more effective co-living.

### DIGITAL COMPETENCE

She has improved her skills in communication and exchanging information through online communication and different platforms. She gained practical experience in organizing social media campaigns and preparing visual materials for these. She developed in using MS Office and Google tools.



### **LEARNING TO LEARN**

She is able to understand her learning processes and the learning needs to fulfill different types of tasks. She learned to organize her own learning process and be responsible for her own learning.

### **SOCIAL AND CIVIC COMPETENCES**

She is flexible, effective, reliable and proactive. She is reacting quickly and has a critical eye on situations to see what to improve. She worked together effectively with her fellow volunteers, both as a leader and as a part of the team. She works naturally in an international environment and uses its diversity as an asset.

She has developed several new social contacts, practiced networking and rapport. She practiced coping with stress, conflict management and self-care.

By now she is more conscious about the sustainable way of living, especially regarding recycling and energy saving.

### **SENSE OF INITIATIVE AND ENTREPRENEURSHIP**

She gained practical experience in organizing local events from the birth of the idea until the evaluation, in contacting and involving sponsors, engaging the local community in different action. She practiced preparing learning sessions content-wise including programming, logistics and performance. She improved her skills organizing co-operation among several people involved in a small project through building on each one's strengths and weaknesses.

She has learned best practices from Agoraveiro in volunteer-management, engagement and management.

### **CULTURAL AWARENESS AND EXPRESSION**

She has a better understanding of other cultures, respect to other's values and opinions. She can easily understand and accept cultural differences and see them as an opportunity through valuing diversity.

She has completed a 3-month course in Portuguese Culture and History in which she got complementary and background information for the noticed cultural patterns.



**We confirm the mutual process of reflection during European Voluntary Service.**

**Marietta Balázs**

Volunteer

**Diogo Branco Cardoso**

Mentor of the volunteer

Aveiro, 13/03/2018

**Further information and original documents on the Key Competences for Lifelong Learning:**

[http://europa.eu/legislation\\_summaries/education\\_training\\_youth/lifelong\\_learning/c11090\\_en.htm](http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm)

**Further information about the Erasmus+: Youth in Action Programme and Youthpass:**

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# Youthpass

## EUROPEAN VOLUNTARY SERVICE

**Edvardas Glušokas**

BORN ON **28/06/1998** IN **Panevėžys, Lithuania**

PARTICIPATED AS A VOLUNTEER IN THE PROJECT

**YELLO: Your E+ Lifetime Learning Opportunity**

IN THE RECEIVING ORGANISATION **Agora Aveiro -  
association for promotion of an active citizenship.**

THE PROJECT TOOK PLACE FROM **03/09/2017**  
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**André Cester Costa**

Representative of the organisation

The ID of this certificate is WBPR-ZDAE-SKEQ-RLPW.  
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## Youthpass

With this document we certify that **Edvardas Glušokas** spent his European Voluntary Service in the project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** with the organisation **Agora Aveiro - association for promotion of an active citizenship**.

**The receiving organisation Agora Aveiro - association for promotion of an active citizenship offers the following:**

Agoraveiro is a non-profit and non-governmental, private NGO, founded under the Portuguese law, by a group of young professionals in May 2010 in Aveiro.

Agora Aveiro's main field of activities is promotion of an active citizenship, inclusion, raising awareness about different causes and healthy lifestyles.



Aveiro, 13/03/2018

**Nataša Gološin**

Person in charge of the project



# Youthpass

## EUROPEAN VOLUNTARY SERVICE

**Halima Muse**

BORN ON **01/07/1992** IN **Qardho, Somalia**

PARTICIPATED AS A VOLUNTEER IN THE PROJECT

**YELLO: Your E+ Lifetime Learning Opportunity**

IN THE RECEIVING ORGANISATION **Agora Aveiro -  
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**André Cester Costa**

Representative of the organisation

The ID of this certificate is EX58-QGF7-22GS-8KPF.  
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## Youthpass

With this document we certify that **Halima Muse** spent her European Voluntary Service in the project **YELLO: Your E + Lifetime Learning Opportunity** in **Aveiro, Portugal** with the organisation **Agora Aveiro - association for promotion of an active citizenship**.

### The role and tasks of Halima Muse were:

- Organize 6 quiz nights with other three volunteers.
- Co-lead and organize 6 language exchange meetings,
- Connect Agora Aveiro with future partner ngo's for projects.
- Spread awareness for mental health through digital detox
- Promote volunteering abroad on a local Portugese high school
- Write kind messages for the people of Aveiro
- Collect clothing and shoes, to give away for free
- Train 4 EVS volunteers of Agora Aveiro before departure
- Presentation about Netherlands & my own interests

### Halima Muse took part in the following training activities:

- I participated in a pre-departure training in May 2017 in Utrecht.
- I participated in the on-arrival training in Portugal in October 2017.

### The receiving organisation **Agora Aveiro - association for promotion of an active citizenship** offers the following:

- Agoraveiro is a non-profit and non-governmental, private NGO, founded under the Portuguese law, by a group of young professionals in May 2010 in Aveiro.
- Agora Aveiro's main field of activities is promotion of an active citizenship, inclusion, raising awareness about different causes and healthy lifestyles.

The sending organisation of **Halima Muse** was **SIW** from **Utrecht (Netherlands)**.



Aveiro, 13/03/2018

**Nataša Gološin**

Person in charge of the project



## Youthpass

**Halima Muse** participated in the European Voluntary Service project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** between **03/09/2017** and **04/01/2018**.

The following summary of **Halima Muse's** learning outcome is the result of an ongoing dialogue process between **Halima Muse** and her mentor **Mariana Martins** during the whole activity.

The following description of learning outcomes is a reflection related to the Key Competences for Lifelong Learning recommended by the European Parliament and the Council in December 2006.

### COMMUNICATION IN MOTHER TONGUE

In Portugal, my native languages Dutch & Somali did not help me much. Nobody speaks those languages there, which I knew before I came. Through ESN Aveiro activities I did get the chance to meet a few Dutch students. With these students I once had dinner in Aveiro. Turned out the owners of the restaurant were Italians, who lived and worked in the Netherlands 10 years ago. Was nice to talking to them. When I was traveling around I met some Dutch tourists along the way, which was pleasant.

### COMMUNICATION IN FOREIGN LANGUAGES

English was the working language. I think my English has improved in those for months. Especially when I did the searching for partnerships project with another volunteer. In addition, all quiz questions needed to be written in English and the same for all posts on social media. The times I talked to family and friends I was happy to fall back on my native languages. I have limited knowledge to speak Portuguese, so I was glad most people could speak English in Portugal.

### MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

I learned how to spend money more carefully (budgeting). I normally don't keep track of how much money I spend, because I buy what I really need, and I only keep the important receipts. Most of the pocket money I spend on food and traveling. At the end of each month I still had money left, so I'm satisfied. A lot of things were also cheaper for me, compared to the Netherlands (food, train tickets).

### DIGITAL COMPETENCE

I had to search for future partnerships in established Facebook groups and get in touch with them. This also included reading e-mails, responding to e-mails, sending mandates etc.



During the quiz nights I was taking, editing and posting pictures for the Agora Aveiro Instagram page. Some of the post for the language exchange meetings I created myself, using editing programs.

### LEARNING TO LEARN

I learned that communication towards others is important.

Also last-minute planning is not the best thing to do, nobody is benefiting from it.

A flexible work schedule is something I really prefer. I aim to find employer who allows me to work from home from time to time. I dislike being all day in the office behind a desk. Finally, quality time with friends/family has become more important for me. While in Aveiro, I felt quit lonely sometimes.

### SOCIAL AND CIVIC COMPETENCES

Main projects had a good cause. Glad we could do this for the citizens of Aveiro. I wanted somehow to be useful for them and succeeded. The support and positive feedback we got back was amazing! If my work schedule allows I want to continue with doing voluntary work, but now for my local community.

This EVS project gave me the change to meet a lot great people, in Aveiro and other cities. To have friends abroad is lovely. I really hope to see some of them again in the future!

### SENSE OF INITIATIVE AND ENTREPRENEURSHIP

I did not make much progress in this competence, mainly because of lack of creativity.

I found it quit hard to come forward with new ideas, which were original and my own.

I was chosen to co-lead the language exchange meetings. Things were not always going smooth.

People lost interest and it was not easy to double the amount of participants. Yes, i made mistakes e.g. with communication but the support for the language exchange meetings was not that high as for example the quiz nights. From both the Agora Aveiro volunteers as the other EVS volunteers.

### CULTURAL AWARENESS AND EXPRESSION

Everything in Portugal is revolved around family, friendship, food, football & fado. I was able to experience parts of those cultural traits. Portuguese people are easy-going and overall very friendly, but timemanagement is something they really need to work on. Life is slow-paced in Portugal, I prefer this.

### OTHER SPECIFIC SKILLS

Leaned how to organize events from the start to end (quiz nights, lem, clothing give away etc.)

Tried to master the Portugese language. How to keep a weekly dairy for my learning progress.

How to live with others volunteers in one appartement. I also realized recycling is a good thing to do.



How to make proper dishes. I learned ways to travel without spending too much money and how to meet new people while traveling. How some holidays are celebrated in Portugal compared to the Netherlands.

**We confirm the mutual process of reflection during European Voluntary Service.**

**Halima Muse**

Volunteer

**Mariana Martins**

Mentor of the volunteer

Aveiro, 13/03/2018

**Further information and original documents on the Key Competences for Lifelong Learning:**

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# Youthpass

## EUROPEAN VOLUNTARY SERVICE

**Nikola Veljković**

BORN ON **11/09/1989** IN **Novi Sad, Serbia**

PARTICIPATED AS A VOLUNTEER IN THE PROJECT

**YELLO: Your E+ Lifetime Learning Opportunity**

IN THE RECEIVING ORGANISATION **Agora Aveiro -  
association for promotion of an active citizenship.**

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**André Cester Costa**

Representative of the organisation

The ID of this certificate is WXHN-MWST-3J2K-SG33.  
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## Youthpass

With this document we certify that **Nikola Veljković** spent his European Voluntary Service in the project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** with the organisation **Agora Aveiro - association for promotion of an active citizenship**.

### The role and tasks of Nikola Veljković were:

- Video making (directing, recording and editing: AgoraAveiro volunteers, Mental Health day, I love Aveiro project, YELLO EVS)
- Graphic design (Quiz nights, Facebook visuals)
- Publishing photos and videos on Facebook page
- Finding partners for Erasmus+ projects
- Pre-departure trainings for future EVS volunteers (facilitating some parts)
- Value market (preparing and facilitating)
- Organizing and participating in the events (Quiz nights, Mental Health day, Language Exchange Meetings)

### Nikola Veljković took part in the following training activities:

On-arrival training (9th - 16th October 2018, Guimarães) - Learning more about EVS, volunteer's rights and responsibilities, insurance, youthpass, cultural shocks, but learning about Portuguese culture as well.

### The receiving organisation **Agora Aveiro - association for promotion of an active citizenship** offers the following:

Agoraveiro is a non-profit and non-governmental, private NGO, founded under the Portuguese law, by a group of young professionals in May 2010 in Aveiro.

Agora Aveiro's main field of activities is promotion of an active citizenship, inclusion, raising awareness about different causes and healthy lifestyles.

The sending organisation of **Nikola Veljković** was **Volonterski Centar Vojvodine** from **Novi Sad (Serbia)**.



Aveiro, 13/03/2018

**Nataša Gološin**

Person in charge of the project



## Youthpass

**Nikola Veljković** participated in the European Voluntary Service project **YELLO: Your E+ Lifetime Learning Opportunity** in **Aveiro, Portugal** between **03/09/2017** and **04/01/2018**.

The following summary of **Nikola Veljković's** learning outcome is the result of an ongoing dialogue process between **Nikola Veljković** and his mentor **Jéssica Jacinto** during the whole activity.

The following description of learning outcomes is a reflection related to the Key Competences for Lifelong Learning recommended by the European Parliament and the Council in December 2006.

### COMMUNICATION IN MOTHER TONGUE

I had opportunity to talk about my mother tongue and compare grammar with other languages. That helped me to understand better my mother tongue and express myself in new different ways.

### COMMUNICATION IN FOREIGN LANGUAGES

Using English in everyday communication made me feel more confident to speak and write in English and to understand English in different accents. Also I enriched my vocabulary. As a result of improvement I was able to write formal e-mails in English, but to facilitate workshops in English, as well.

I improved my Portuguese, so now I can communicate with people in everyday situations, for example when I want to buy some food or ask something, people can understand me.

### MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

Taking care about my personal budget and sharing expenses with other volunteers (using Splitwise app), helped me to be more responsible with the money I have and more aware of having your own limited budget.

I improved skills that I had before: photography (I learned how to made something properly in bad conditions), recording with DSLR camera, video editing (I tried a lot of new effects, using chroma key and different video forms) and graphic design (making posters, banners, logos, Facebook visuals, complete visual identity). I improved skills in softwares like Adobe Premiere and Adobe Photoshop.

### DIGITAL COMPETENCE

I learned how to use new tool for communication in the team (Slack).



When I had challenges in work or everyday life I used internet to find solutions. Now it's easier for me to find relevant information on the internet.

I understood how to use social networks for global communication (how to promote events and activities, send call for action or share photos and videos from events).

### **LEARNING TO LEARN**

For me as a youth leader it is very important to understand different types of learning. I wrote my working diary everyday and weekly reports as well. That helped me realize what I have learned, to understand my developing process, which competences I have had and how I can use them in the future.

During EVS I had opportunity to try things that I knew in theory, but never tried before (example: using chroma key effect or cooking). I realized that the best way of learning for me is through practice, when facing and overcoming challenges. Asking for advice when I need it, is very important for my learning process.

### **SOCIAL AND CIVIC COMPETENCES**

People in Portugal are really friendly, like in Serbia, so it was not so hard to interact with them. I met a lot of different people and made new friends. When I wanted to spend time with others, to get to know them better, I invited them for a board games, for a walk or for a drink.

### **SENSE OF INITIATIVE AND ENTREPRENEURSHIP**

I was giving ideas and suggestions on how to improve something or how to solve some problems. Also I took initiative to implement some of those ideas. The outcome of this process was my improved ability to resolve problems more creatively.

I was able to plan, prepare and manage projects during EVS, but also I was given a chance to improvise which helped me to learn something new and to improve myself.

### **CULTURAL AWARENESS AND EXPRESSION**

I met so many people from different European countries, with different habits, attitudes, ages and English knowledge and we spent a good time together and cooperated well. Those differences helped me to be more understanding and patient.

I experienced work in multicultural team. I saw what kind of problems can occur because of cultural differences and I learned how to overcome them.





### OTHER SPECIFIC SKILLS

I learned how to not get lost at the airport or in the new country when I'm traveling alone. I got more confidence and learned how to be able to adapt in new situations.

I had presentations and I had opportunity to feel and understand what is important for good presentation, and what is bad. I learned that very important is to know your audience, what is important for them to hear, and to find the right approach.

Through workshops I managed, I improved leadership and facilitating skills.

I learned how to cook different delicious dishes.

**We confirm the mutual process of reflection during European Voluntary Service.**

**Nikola Veljković**

Volunteer

**Jéssica Jacinto**

Mentor of the volunteer

Aveiro, 13/03/2018

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