



## ***Bilingual Advocacy Services in YMCA North Down***

**We provide range of services in the area:**

### **Advocacy Clinic:**

- **Advice on benefits, housing and other issues**
- **Translations and Interpreting**
- **Immigration advice**
- **Help with filling in forms**
- **Help available in English, Polish, Russian and Arabic**

**North Down YMCA**

**10-12 High Street**

**Bangor**

**BT20 5AY**

**02891454290**

**Ethnic Minorities and Immigration Advice Clinic in Citizen Advice  
Tuesday - 10 am - 12.30pm**

**Citizen Advice Ards and North Down**

**39A Hamilton Road**

**Bangor**

**BT20 4LF**

**0300 123 9287**

**ESOL Classes (English for Speakers of other Languages)**

**Monday 6 pm - 8 pm**

**Thursday 10 am - 12 pm**

**BME Youth Club**

**Monday 6 pm - 8 pm**

**BME Women's Group**

**Monday 9.30 am - 11.30**

**BME Homework Club**

**Tuesday 3 pm - 5 pm**

**For more information/or to make an appointment contact:**

**Monika (Polish) 07591840529 or e-mail [monika@northdownymca.org](mailto:monika@northdownymca.org)**

**Julija(Russian) 07591840363 or e-mail [julija@northdownymca.org](mailto:julija@northdownymca.org)**

**Dalia (Arabic) 07593211080 or e-mail [dalia@northdownymca.org](mailto:dalia@northdownymca.org)**