

Mon

Tue

Wed

Thu

Fri

Sample menu, Summer 2017/18

Thursday

Breakfast

Cereals + milk
Yoghurt
Baked beans
Wholemeal toast

Morning Tea

Raw vegetable batons & crackers with hommus
Milk (125ml)

Lunch

Beef stroganoff with pasta, peas & corn

Afternoon Tea

Lemon polenta cake
Seasonal fresh fruit
Milk (125ml)

Late Afternoon Tea

Fruit and mixed sandwiches or rice cakes

Allergies, cultural & dietary requirements are catered for when required. Water is provided at each meal break and readily available throughout the day. Reduced-fat milk is provided to children over 2 years of age.