



Introduction, Chs. 1–2

“Contrary to popular and false belief, it’s not ‘those who help themselves’ whom God helps; it’s those who humble themselves” (pg. 21).

Discussion Questions

Having read the first couple chapters, what are your initial impressions of the book? How do you foresee this book being a blessing and a help to you?

From these first couple chapters, what was particularly challenging for you? What was particularly encouraging?

Do God’s promises to those who are humble sound appealing to you? Why or why not?

Can you identify areas in your life in which you need to grow in humility? How does pride manifest itself in your life?

What’s one step you can take in the coming week to become more humble?

Take-home question: When it comes to the values you live by, what will others say about you one day? Will they testify that *humility* characterized your life? (These questions are found at the bottom of page 23.)

Additional Questions

Prayer Points

- Pray that you would have a growing desire to receive the favor of God. Pray that your heart would echo the words of Jonathan Edwards: “The pleasures of humility are really the most refined, inward, and exquisite delights in the world” (quoted on pg. 21).
- Ask God to show you more of his greatness and holiness.
- Pray that God would open your eyes to see any areas of your life in which pride needs to be addressed.