

Crisis Intervention Network:

Craig M. Hands, Ph.D.

310-271-7702

www.crisisinterventionla.com

Dr. Hands' expertise is working with individuals, couples and families experiencing especially challenging life situations. For over 20 years, Dr. Hands has provided non-judgmental assistance to individuals by addressing conscious and unconscious blocks that can lead to years of self-destructive behavior and silent emotional pain. Once the causes and effects of personal challenges are understood in their proper context, a new sense of freedom and control occurs empowering healthier life choices- turning years of pain into positive outcomes and meaningful life change.

Through cognitive and insight oriented therapeutic approaches, focus is directed on problems related to the unique life circumstances that are associated with relationship issues, self-destructive life patterns, trauma, anxiety, depression, personal loss, insomnia and work related difficulties.

State Licensed Psychologist

Doctorate of Philosophy, Psychology-Object Relations, Psychoanalysis
Individual Counseling Psychology-Family Counseling – Relationship Counseling

Member

American Psychological Association (APA)

State Licensed Psychologist

Doctorate of Philosophy, Psychology-Object Relations, Psychoanalysis Master of Science,
Counseling Psychology-Family Counseling Bachelor of Arts, Psychology – General Psychology

Member

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