



# SAFETY PLANNING DURING COVID-19

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## Resources and support for victims of violence at home

### 24-HOUR DOMESTIC VIOLENCE HOTLINES

- [Transition House](#) (Cambridge, MA): **617-661-7203**

### WITH TRANSLATION SERVICES IN 200+ LANGUAGES

- [SafeLink](#) (statewide): **877-785-2020**
- [National Domestic Violence Hotline](#): **1-800-799-SAFE (7233)**
  - 24-hour chat service also available [here](#)

### WITH BILINGUAL SERVICES

- [Asian Task Force \(A-TASK\)](#): **617-338-2255**
  - Advocates speak: Cantonese, Mandarin, Toisanese, Vietnamese, Khmer, Korean, Japanese, Nepali, Hindi, Bangla, Tagalog, Urdu, Thai, Manipuri, Mien, and Indonesian
- [Saheli](#): **1-866-472-4354**
  - Advocates speak: Bengali, Gujarati, Hindi, Kannada, Marathi, Punjabi, Sindhi, Tamil, Telugu, Urdu, and Arabic

### SEXUAL VIOLENCE RESOURCES

- [Boston Area Rape Crisis Center \(BARCC\)](#):
  - 24-hour hotline: **1-800-841-8371**
  - Chat service (9am-11pm) available [here](#)
  - Request counseling and legal advocacy [online](#) or by calling **617-492-8306**

### CAMBRIDGE POLICE DEPARTMENT

- [Domestic Violence and Sexual Assault Unit](#)
  - All emergencies: **911** (call if you can, text if you can't)
  - Non-emergencies: **617-349-3300**
  - Victim Advocate: **617-875-7842** or [dvunit@cambridgepolice.org](mailto:dvunit@cambridgepolice.org)